



2019
(1440)

رَمَضَانَ

Ramadan Guide

Abdullah Quilliam Mosque & Heritage Centre
(England's First Mosque Est.1887)



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Ramadan Mubarak

Welcome to our Ramadan Guide 2019



Message from the Chair of AQS :: Galib Khan

Assalamu Alaikum (peace be upon you)

By the Grace of Allah we are celebrating the sixth Ramadan in the England's First Mosque. This mosque was built and opened by Sheikh Abdullah Quilliam in 1889. He was conferred the title "The Sheikh ul Islam of the British Isles," by Sultan Abdul Hamid II, the last Ottoman Emperor. Sadly, the Sheikh's departure to Ottoman Turkey led to the closure of this Mosque in 1908. The Abdullah Quilliam Society led by the late Dr. Akbar Ali MBE, reopened the First Mosque during the Ramadan of 2014 after 106 years.

www.abdullahquilliam.org/open-day

In the first five-year period, England's First Mosque and Abdullah Quilliam Society along with the Muslim Community forged strong partnership with the Faith Communities and the Liverpool City Council creating the foundations for a strong cohesive and vibrant community network. The Vigil held in the forecourt of England's First Mosque held on March 17th, 2019 following the terrorist attack in Christchurch, New Zealand is one such example. Mayor Joe Anderson, Deputy Mayor, MP's, Local Councillors and many faith representatives including the Bishop Paul Bayes of Liverpool joined in condemning the terrorist attack and Islamophobia.

This year is special milestone year for England's First Mosque. After years of negotiations and persuasion, we have signed a lease to acquire 1-7 Brougham adjacent to our Mosque to expand

our services, activities and opportunities for the Muslim communities. Inshallah, 1-7 Brougham Terrace will offer for us congregational prayer facilities for a thousand people. It will have an Islamic Academy, a Women's & Family Centre, Halal eateries, Hammam, fitness and health services and residential accommodation for women and families.



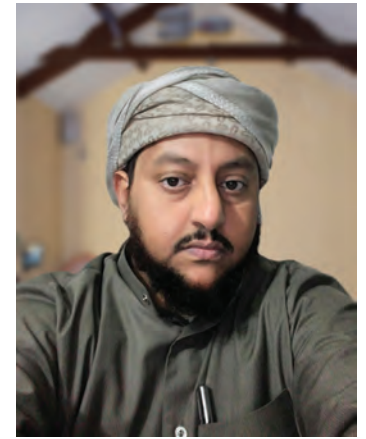
8-10 Brougham Terrace is nearing completion and we are in the process of developing a Victorian Islamic Heritage Centre which will make us proud British Muslims. This year again, we will have daily special Ramadan programmes. We invite you all to celebrate the wonderful month from Iftar to Fajr in your mosque.

Please continue to donate to England's First Mosque. We need £1 million to acquire and develop 1-7 Brougham Terrace. It is an investment and will be rewarded in the hereafter. May Allah (SWT) accept all our prayers, fasts and good deeds. Ameen.

Galib Khan

Galib Khan
[1st Ramadan 1440, May 2019]

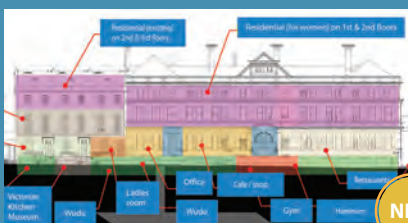
Highlight



AQS Taraweeh Programme 2019

Imam Sheikh Sadek Kassim, renowned Qari & winner of the UK National Qirat competition will be leading taraweeh prayers...

Page 40



Quilliam Village proposal
Page 20

NEW



Unique Wudu space has now been completed
Page 16

NEW



- 02 Message from the Chair**
By Galib Khan
- 04 Duas in Ramadan**
Supplications to be performed in the Holy Month
- 06 Ramadan: The month of Quran**
- 07 Wisdom of Fasting**
- 08 Khushoo in salaah**
- 09 5 Healthy eating tips in Ramadan**
By Dr Abdul Hamid
- 10 Keeping healthy in Ramadan (Arabic)**
By Dr Karam
- 12 Who was Abdullah Quilliam?**
About the Sheikh-ul-Islam of the British Isles
- 13 About the Abdullah Quilliam Society**
- 14 Visit My Mosque 2019**
- 15 Ramadan Wishes**
By Bishop and the Chief Constable of Merseyside
- 16 Wudu spaces now completed**
- 18 New proposed Donors wall**
- 19 Quilliam Halls**
Student Accommodation at England's First Mosque.
- 20 Quilliam Village**
- 23 The visiting experience**
By Mumin Khan
- 24 Charity work of the AQS**
Continuing the legacy of Abdullah Quilliam

- 25 Appeal for Lost Volume of The Crescent, Britain's first Islamic newspaper**
By Yahya Birt
- 26 Restoring Abdullah Quilliam's lost Seal**
By Afzal Kaduji
- 27 FAQ: Ramadan in the workplace**
By Farhad Ahmed
- 28 Ramadan: Balancing spirituality & food**
By Ajmal Masroor
- 30 Our Sponsors**
- 35 Ramadan: The Days of Mercy**
- 36 Zakat Calculator**
- 37 Post Ramadan Goals**
- 38 Ramadan Programme**
- 39 Quilliam Village: Banqueting Hall**
- 40 Taraweeh Programme**
- 41 Daily Activities chart**
- 42 Month of Worship**
By Sheikh Haroon Hanif
- 43 Ramadan Timetable**
- 44 Donate to England's First Mosque**



04
Duaas in Ramadan



06
Month of Quran

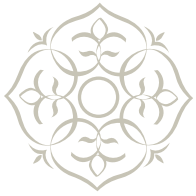


07
Wisdom of Fasting



35
Days of Mercy





DUAS IN RAMADAN



Ramadan is a time when duas are of greater weight and are more powerful. In addition to the duas below, to pray for ones needs, family, friends, the Ummah and for all humanity is also recommended.

Intention for beginning the fast

Recommended to read the night before the fast

وَبَصَوِّمُ غَدًا تَوَيْتُ مِنْ شَهْرِ رَمَضَانَ

"Wa bisawmi ghadin nawaytu min shahri ramadaan."

"I intend to keep the fast tomorrow in the month of Ramadan."

Dua for breaking the fast

اللَّهُمَّ لَكَ صُمْتُ وَبِكَ آمَنْتُ
وَعَلَيْكَ تَوَكَّلْتُ وَعَلَى رِزْقِكَ أَفْطَرْتُ

"Allahumma laka sumtu wa bika aamantu wa 'alayka tawakkaltu wa 'alaa rizqika aftartu."

"O Allah! I fasted for You and I believe in You and I put my trust in You and I break my fast with Your sustenance."

Recommended dua for Ramadan

اللَّهُمَّ إِنَّكَ عَفُوٌّ كَرِيمٌ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

"Allahumma innaka 'afuwwun kareemun tuhibbul 'afwa fa'fu 'annee."

"O Allah, You are the best forgiver. You love forgiveness, so forgive me."



There are three whose supplication is not rejected: The fasting person when he breaks his fast, the just leader, and the supplication of the oppressed person; Allah raises it up above the clouds and opens the gates of heaven to it. And the Lord says: 'By My might, I shall surely aid you, even if it should be after a while.' [Hadith]



DUAS IN RAMADAN



SOME DUA WORDINGS & IDEAS

(Please feel free to include these in your list)

Dua to be amongst Sabiqoon mentioned in Surah Al Waqiyah and under the shade of Allah's throne on the Day of Judgment. To drink water from the fountain of Al Kauthar from Prophet's ﷺ hands on Day of Judgment (salallahu aleyhi wasallam).

Dua to be the neighbour of Prophet ﷺ and his companions (salallahu aleyhi wasallam and radiallahu anhuma).

Dua to ward off hardships that one's qadr might have and replace them with blessings.

Dua for calling us to Mecca and Madina for Hajj and Umrah time and again!

Dua for Muslims who have psychological diseases and hardships.

Dua for cancer patients.

Dua for protection against punishment of grave and the pain of death.

Dua to cross the bridge of Siraat with the speed of light and more.

Dua for protection against black magic and evil eye.

Dua to make family ties strong.

When you are fasting, and someone is rude to you

إِنِّي صَائِمٌ ، إِنِّي صَائِمٌ "Inni sa'iimu, inni sa'iimu."
"I am fasting, I am fasting."

Upon breaking the fast in someone's home

"Aftara 'indakumus ssimuna, wa akala ta'aamakumul-abraaru, wasallat 'alaikumul mala'ikat."
"May those who are break their fast in your home, and may the dutiful and pious eat you food and may the angels send prayers upon you."

أَفْطَرَ عِنْدَ أُمِّ الصَّائِمُونَ، وَأَلَّ طَعَامَكُمْ الْأَبْرَارُ، وَصَلَّتْ عَلَيْكُمْ الْمَلَائِكَةُ

Recited at intervals of the taraweeh prayers

سُبْحَانَ ذِي الْمَلَكِ وَالْمَلَكُوتِ سُبْحَانَ ذِي الْعِزَّةِ وَالْعِظَمَةِ وَ، الْهَيْبَةِ وَالْقُدْرَةِ ،
وَالْكِبْرِيَاءِ وَالْجَبْرُوتِ، سُبْحَانَ الْمَلِكِ الْحَيِّ الَّذِي لَا يَنَامُ وَلَا يَمُوتُ، سُبُّوحٌ ،
قُدُّوسٌ، رَبُّ الْمَلِكَةِ وَالرُّوحِ لَا إِلَهَ إِلَّا اللَّهُ نَسْتَغْفِرُ اللَّهَ ، نَسْأَلُكَ الْجَنَّةَ وَنَعُوذُ
بِكَ مِنَ النَّارِ

"There has come to you Ramadan, a blessed month, which Allah, the Mighty and Sublime, has enjoined you to fast. In it the gates of heavens are opened and the gates of Hell are closed, and every devil is chained up. In it Allah has a night which is better than a thousand months; whoever is deprived of its goodness is indeed deprived."
[Hadith]

"When the last ten nights (of Ramadan) would begin, the Messenger of Allah (SAW) would keep awake at night (for prayer and devotion), awaken his family and prepare himself to be more diligent in worship."
[Hadith]





Ramadan the month of Quran



"This is the Book (the Quran), whereof there is no doubt, guidance to those who are Al-Muttaqoon (the pious)" [Quran]



Sheikh Sadek will be leading the Taraweeh prayers :: Taraweeh programme - Page 40



Quilliam wrote books aimed at introducing the Islamic faith to British people, even sending a copy to Queen Victoria, who is reported to have enjoyed it and asked for several copies for her children.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Ramadan is the month in which the Qur'an was revealed, so what better time to reconnect ourselves to Allah (SWT) through it.

It was sent to mankind as a complete and perfect guidance, and such is the greatness of this gift from Allah (SWT) that He has said: *"If We had sent down this Qur'an upon a mountain, you would have seen it humbled and coming apart from fear of Allah. And these examples We present to the people that perhaps they will give thought."* {Qur'an 59:21}

Allah (SWT) has indeed blessed us with the Qur'an as a guidance from darkness into light {Qur'an 14:11} thus, it is a must for us to recite it often, act upon its guidance and show it the proper etiquette and reverence. Indeed, Allah (SWT) has said, *"Whosoever exalts the signs of Allah, that is indeed from the piety of hearts."* {Qur'an 22:32}



"I read the translated Holy Quran and the book of Hero's written by Carlyle and many other books. When I left Tangiers I was obedient to Islam and surrendered to its power and confessed it was the true religion."

Sheikh Abdullah Quilliam - Cairo Speech 1928

Some Merits of Reading the Qur'an

Some Etiquettes of Reading the Qur'an (Taken from Imam an-Nawawi's Al Tibyan fi Adab Hamalat al Qur'an)

The Prophet (PBUH) said, *"The best amongst you is the one who learns the Qur'an and teaches it."* {Bukhari}

Make Wudhu to be in a state of ritual purity.

The Qur'an will intercede for its readers on the day of resurrection {Muslim}

Wear clean clothes.

Each letter read from the Qur'an is rewarded with a good deed, and each good deed is rewarded ten-fold {Tirmidhi}

Begin with a sincere intention, seeking Allah's (SWT) pleasure and not for worldly gain.

Reading Qur'an is a form of remembrance of Allah (SWT), of which we are told: *"Verily, in the remembrance of Allah do hearts find rest!"* {Qur'an 13:28}

Sit calmly, avoiding unnecessary movement and face the qibla.

"Indeed, when the soul hungers and thirsts, the heart softens and becomes pure. And when it is fed, the heart becomes blinded."

[Abu sulayman ad-Darani]

Wisdom of Fasting

"Whoever does not abandon false speech, acting upon that (false speech) and (acts of) ignorance (i.e. sins), then Allah has no need of him abandoning his food and drink." [Hadith]

As one of Islam's five pillars, fasting in Ramadan was prescribed by Allah(SWT) as an obligatory act for all those who are able to. Fasting, however, is more than just a simple act of worship. It has a holistic influence on our physical and mental states, offering benefit for both.

"Oh you who believe! Fasting is prescribed to you as it was prescribed to those before you, that you may learn piety and righteousness." {Qur'an 2:183}

Fasting connects us to Allah (SWT)

Abstaining from physical desires raises our state of taqwa - consciousness of Allah (SWT) - and allows us to re-focus on our spiritual state.

Fasting removes past sins.

It is related in a hadith that Allah (SWT) said, *"Every (sinful) deed can be expiated; and the fast is for Me, so I will give the reward for it; and the smell which comes out of the mouth of a fasting person, is better in Allah's sight than the smell of musk."*

{Bukhari}

During Ramadan Allah (SWT) showers us with His mercy

The gates of Hellfire are closed and the gates of Paradise are opened. It cleanses your body from harmful impurities and revitalises your soul by teaching self-control and self-discipline.



Focus in Salaat (Khushoo)



In a month when we hope to draw closer to Allah (swt), increasing our concentration during prayer is particularly important. Have a look at these tips below to help you to elevate your concentration during your prayers.

Preparation

Focus whilst performing your Wudhu and perform it with remembrance of Allah (SWT).

Avoid conversation during Wudhu.

Wash each part of the body with the belief that you are purifying yourself before meeting Allah (SWT).

Come to prayer with humility and with a belief that Allah (SWT) will forgive you of your sins.

Wear nice clothes and present yourself with the awareness that you will be standing before the Lord of all creation.

Prayer

Come to prayer with a balance of love, fear and awe of Allah (SWT) in your heart.

Come to prayer seeking Allah's (SWT) bounty and reward.

See it as a means of getting closer to your Creator.

Learn the meanings of what you are saying, particularly Surah Fatiha.

Perform each movement slowly and with calmness.

Pray as if it is your last prayer.

AWARENESS OF THE HEART

To remember
intention and
purpose

AWARENESS OF THE MIND

To stay alert and
attentive to your
actions

AWARENESS OF THE BODY

To avoid rushing
& to perfect each
movement



5

Healthy Eating Tips during Ramadan



Dr Abdul Hamid MBChB MRCGP BSc Hons MRPharmS



Abingdon Family Health Care Centre, Liverpool

1

Drink plenty of water and eat hydrating foods

Drink plenty of water between Iftar and Suhoor. Avoid caffeinated drinks such as coffee, tea and cola, because caffeine can make some people urinate more often, which may lead to dehydration. Also remember that fizzy drinks with sugar will add calories to your diet.

2

Consume the right foods at Suhoor

Suhoor should be a wholesome meal providing you with enough energy to last until Iftar. Eating complex carbohydrates, such as fruit and vegetables, beans, chickpeas and lentils, will provide you with a long-lasting source of energy throughout the day.

3

Avoid overeating

Eating your soup and salad slowly at Iftar will help you feel full and prevent you from overeating later from the main dish and sweets.

4

Eating a healthy, balanced Iftar

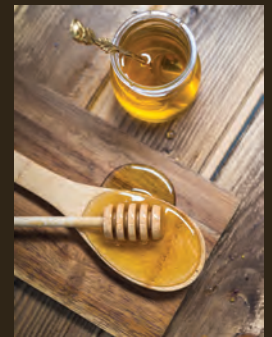
Incorporate plenty of vegetables to provide vital vitamins and nutrients. In general, avoid fried and processed foods high in fat or sugar. Enjoy your meal and avoid

5

Take it easy

Don't be in a hurry to finish your food. After being deprived of eating for an entire day, overloading on food may lead to indigestion and other gastric problems. Have a light iftar that includes reasonable food portions. Controlling the size of your portion is key to staying healthy and preventing weight gain. As a rule of thumb, don't exceed amounts you would have for a typical lunch or dinner meal.

Some of Prophet Muhammad's (PBUH) favourite foods!



HONEY



MILK

"When he put his hand in the food, he would say, 'Bismillaah (in the Name of Allaah), and he told people to say this when eating. He said, 'When any one of you eats, let him mention the name of Allah. If he forgets to mention the name of Allaah at the beginning, let him say Bismillaahi fi awwalihi wa aakhirih (in the name of Allaah at its beginning and at its end).'" [Hadith]



POMEGRANATE

Pomegranate, ar-Rumm in Arabic, is mentioned in the Qur'an as one of the many delicious rewards awaiting in Paradise. Its numerous uses in cooking and medicine, as well as its beautiful structure, make the fruit a wonder for Muslims who believe that each pomegranate seed is a sign of the sustainer

Some of Prophet Muhammad's
(PBUH) favourite foods!



FIGS



GRAPES



MELONS



BARLEY

“So eat out of the lawful
and good sustenance
that Allah has bestowed
upon you, and thank
Allah for His bounty”
{Quran 16:114}



Sheil Park Family Clinic - 2A Penvalley Crescent, Liverpool, L6 3BY

مجموعة من النصائح للنوم السليم خلال رمضان:

- تجنب التغيير المفاجئ في مواعيد النوم عند دخول الشهر الكريم.

- الاهتمام بالحصول على ساعات نوم كافية بالليل، فالنوم في النهار ليس بجودة النوم أثناء الليل.

- أخذ غفوة قصيرة أثناء النهار من أجل استعادة النشاط والاستعانة على قيام الليل.

- اعتبار النوم واحداً من أهم الأولويات في حياتنا الاجتماعية ويجب احترام مواعيده بصفة يومية.

- الاهتمام بانتظام مواعيد الأكل وتجنب الإفراط في الطعام خاصة قبل الخلود للنوم لتجنب زيادة الوزن واضطرابات الجهاز الهضمي.

الإرشادات الصحية في تناول الأطعمة والمشروبات

◀ شهر رمضان فرصة لاكتساب أنماط حياتية لتعزيز الصحة كالاعتدال في تناول الطعام، والاعتماد على التنوع الغذائي الغني بالخضار والفواكه والبقوليات وأغذية الحبوب الكاملة

◀ من المهم التمسك بالسنة النبوية في تبكير الإفطار وتأخير السحور اقتداء بسنة الرسول صلى الله عليه وسلم، ولما في ذلك من الحفاظ على الصحة، وعدم تعريض الجسم لفترات صيام طويلة خصوصاً في حالة التذكير في السحور

◀ ابدأ فطورك بالرطب أو التمر اقتداء بسنة رسول الله صلى الله عليه وسلم إذ أنه يحتوي على نسبة عالية من السكر مما يجعله سهل الهضم والامتصاص فيرفع نسبة السكر في الدم في وقت قصير.

◀ الحد من تناول الأطعمة المقلية والأطعمة الغنية بالدهون والسكريات، فالإفراط في تناول تلك الأطعمة من عوامل خطورة الإصابة بأمراض القلب وتصلب الشرايين وارتفاع ضغط الدم وبعض أنواع السرطانات.

◀ تجنب تناول المشروبات السكرية ومنها (المشروبات الغازية) والتي تحتوي على سعرات حرارية عالية، إضافة إلى أن العديد منها يحتوي على الألوان والنكهات المصنعة والتي قد يكون لها تأثير على الصحة، واستبدالها بالعصائر الطبيعية والحليب واللبن.

◀ قلل من استخدام السكر الأبيض في الأطعمة والمشروبات.

◀ عند السحور بإمكانك تناول الأغذية التي تحتوي على الألياف لأن ذلك يساعد على تحمل العطش وقلة الإحساس بالجوع

تناول 3 وجبات خلال هذا الشهر المبارك يعتبر أساسياً كما خلال أيام السنة العادية كلها. فتناول الإفطار، وجبة خفيفة في الليل والسحور يجنبك تناول الطعام باستمرار خلال الساعات بين الإفطار والسحور.

اللحوم والبقوليات والبيض ومنتجات الحليب غنية بالبروتينات. تأكد بأن تتناول هذه المصادر عند كل وجبة خلال شهر رمضان المبارك. إذ إن البروتينات ضرورية لتجديد خلايا الجسم وتمنح الشعور بالشبع وبالتالي تخفف من الرغبة في تناول كميات كبيرة من الحلويات.

قد يؤدي التغيير في روتين تناول الطعام إلى حدوث الإمساك. لكي تتجنب حدوث هذا الأمر احرص على أن تتناول كمية وافرة من الخضار والفواكه والحبوب الكاملة والبقوليات. اشربي كمية كافية من الماء، وحاولي أن تمارسي نوع من النشاط البدني خلال يومك.

لكي تنعمي بصحة أفضل، استعملي الملح باعتدال في أطباقك الرمضانية. استعيني عن ذلك باستعمال الخضار، الأعشاب والبهارات لكي تضيفي مزيداً من النكهة والمذاق الطيب إلى وجباتك!

عليك في رمضان اتباع مايلي:

1- يجب الاعتدال في الوجبات (من حيث الكمية والنوعية) واعتبار وجبة الإفطار وجبة عادية مثل الغذاء أو العشاء في الأيام العادية مضافاً إليها اللبن أو الشورية ولا داعي للإفراط في الطعام.

2- عدم الأكل من تناول السوائل مع أو بعد الإفطار مباشرة لأنها تعيق عمل المعدة.

3- الامتناع عن النوم مباشرة بعد الطعام خاصة في وجبة السحور.

4- التخفيف أو التقليل قدر المستطاع من استعمال الشحوم والدهنيات في الطبخ أو الحلويات.



Keeping healthy in Ramadan

Dr. Fatin Karam specialises in family planning and minor surgery

Dr. Fatin Karam ■ Sheil Park Family Health Clinic



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عليك في رمضان اتباع مايلي:

1- يجب الاعتدال في الوجبات (من حيث الكمية والنوعية) واعتبار وجبة الإفطار وجبة عادية مثل الغداء أو العشاء في الأيام العادية مضافاً إليها اللبن أو الشورية ولا داعي للأفراط في الطعام.

2- عدم الأكل من تناول السوائل مع أو بعد الإفطار مباشرة لأنها تعيق عمل المعدة.

3- الامتناع عن النوم مباشرة بعد الطعام خاصة في وجبة السحور.

4- التخفيف أو التقليل قدر المستطاع من استعمال الشحوم والدهنيات في الطبخ أو الحلويات.

تناول قطعة الحلوى بعد وجبة الإفطار مباشرة يتسبب في زيادة حجم المعدة إذ يسبب التأخير في عملية الهضم. بالإضافة إلى ذلك، يحدث اضطراب في مستوى السكر في الدم مما يؤدي إلى ازدياد الرغبة في تناول المزيد من الحلويات! لذا يفضل تناولها بعد ساعتين إلى ثلاثة من تناول الإفطار.

تجنبي تناول الأطعمة المملحة مثل المعلبات والأغذية المصنعة والمكسرات المملحة والمخللات لأنها قد تزيد شعورك بالعطش خلال فترة الصيام.

اجعلي الشورية غنية بكمية وافرة من الخضار مثل البروكلي والسبانخ والبازلاء واللوبيه والكوسا والجزر، التي تضيف الفيتامينات والمعادن إليها وتغنيها بالألياف الضرورية لصحة الجهاز الهضمي



اقسمي طبقك الرئيسي إلى ثلاثة أجزاء: املئي ربعه بالنشويات البطيئة الامتصاص وربعه الآخر باللحوم القليلة الدهون، واملئي النصف الباقي بالخضار، هكذا تكونين قد حرصت على تناول وجبة صحية ومتوازنة.

إذا كنت تحبين أن تشربي القهوة خلال شهر رمضان المبارك، تلذذي بتناول كوباً من القهوة بعد ساعة أو ساعتين من تناول إفطار متوازن وصحي.

لكي تسيطر على كمية السعرات الحرارية التي تتناولينها خلال شهر رمضان المبارك، انتبهي إلى كميات الطعام التي تتناولينها خاصة الحلويات. يمكنك مثلاً أن تأخذي نوعاً واحداً من الحلوى التي تحبينها كل يوم بحيث لا تتجاوز القطعة التي اخترتها مقدار حجم ثلاثة أصابع.

إذا كنت معتادة على ممارسة التمارين الرياضية المعتدلة إلى شديدة القوة، يمكنك أن تقومي بممارسة رياضتك قبل موعد الإفطار بساعة ولكن احرصي على أن تشربي كمية وافرة من السوائل عند الإفطار وتناولي طعامك ببطء لكي تعوض المغذيات الضرورية لجسمك.

لا تنسوا أن تشربوا كمية وافرة من الماء خلال شهر رمضان المبارك، أي على الأقل 8 أكواب من الماء يومياً. قوموا بشرب كميات قليلة منها في فترات متقطعة من أجل تفادي أي انزعاج أو نفخة.

للتغلب على العطش خلال شهر رمضان المبارك، إحرصوا على شرب كمية كافية من الماء، تجنبوا تناول الأغذية التي تحتوي على نسبة كبيرة من الملح والبهارات والتوابل، وتناولوا المزيد من الخضار والفاكهة الطازجة والمنعشة.

الطبيب الرئيسي المتوازن على الإفطار يجب أن يحتوي على نوع من النشويات مثل الأرز، المعكرونة، البطاطس، أو البرغل، ونوع من اللحوم مثل اللحم الأحمر، الدجاج، أو السمك، بالإضافة إلى الخضار المطبوخة. الجدير بالذكر، إن تناول كمية معتدلة هو المفتاح الرئيسي للصحة الجيدة.

إن بدء الإفطار بطبق من الشورية يلائم المعدة ويدفعها بعد نهار طويل من الصوم، يعوض السوائل التي خسرها الجسم ويحضر الجهاز الهضمي لاستيعاب كامل الوجبة.

يميل بعض الناس إلى قلة الحركة أثناء شهر رمضان الكريم. للتخلص من السعرات الحرارية الإضافية وللحفاظ على النشاط، ينصح بممارسة رياضة المشي يومياً، بعد تناول الإفطار بساعتين لتسحي ببعض الوقت لهضم الطعام

السحور له فوائد كثيرة في شهر رمضان المبارك. إنه يقوّي الصائمين وينشطهم خلال نهار الصوم الطويل. خبراء التغذية ينصحون بأن تكون هذه الوجبة غنية بالنشويات البطيئة الامتصاص كخبز القمح الكامل، الأرز أو رقائق الفطور الكاملة، فهذه تساهم في المحافظة على مستوى السكر في الدم.

للحصول على الفيتامينات والمعادن الأساسية للصحة الجيدة خلال شهر رمضان المبارك، تناولوا الكثير من الفواكه والخضار الطازجة، واحرصوا أن تتضمن الإفطارات أطباقاً من الشورية الغنية بالخضار!

إن تناول الشورية والسلطة بترتّب خلال الإفطار يساعد على الشعور بالشبع ويجنب تناول كميات كبيرة من الوجبة الأساسية والحلويات.



Who was Abdullah Quilliam?

"When we consider that Islamism is so much mixed up with the British Empire, and the many millions of Moslem fellow subjects who live under the same rule, it is very extraordinary that so little should be generally known about this religion, its history, and that of its followers..." Abdullah Quilliam July 1889

William Henry Quilliam – picture from the Liverpool Records Office



William Henry Quilliam, a local Liverpool solicitor and resident embraced Islam in 1887 (aged 31), after returning from a visit to Morocco, and took on the name Abdullah. He claimed that he was the first native Englishman to embrace Islam. His conversion led to a remarkable story of the growth of Islam in Victorian Britain. This history is now beginning to emerge and has important lessons for Muslims in Britain and around the world.

After embracing Islam, Quilliam began a campaign of Dawah, which in the circumstances of Victorian England, has to be described as the most effective in the UK to date.

He became an Alim, an Imam and the most passionate advocate of Islam in the Western world. In 1894 Sultan Abdul Hamid II, the last Ottoman Caliph, appointed him Sheikh-ul-Islam of the British Isles.



Sultan Abdul Hamid II

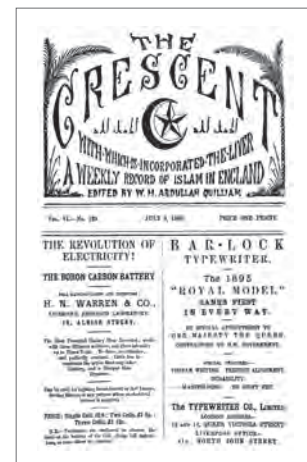
The Emir of Afghanistan recognised him as the Sheikh of Muslims in Britain. He was also appointed as the Persian Vice Counsel to Liverpool by the Shah. He became a prominent spokesman for Islam in the media and was recognised by Muslims around the world. He is the only Muslim in Britain to have officially held the position of Sheikh-ul-Islam of Britain. He issued many Fatwas in his capacity as appointed Leader of Muslims in Britain. These fatwas are relevant even today.



He established the Mosque and Liverpool Muslim Institute at No. 8 Brougham Terrace and later purchased the remainder of the terrace, and opened a boarding school for boys and a day school for girls. He also opened an orphanage (Medina House) for non-Muslim children whose parents could not look after them, and agreed to for them to be raised in the values of Islam.

In 1893 the Institute published a weekly magazine: 'The Crescent', and later added the monthly 'Islamic World', which was printed on the Institute's own press and distributed to over 20 countries. The Crescent was published every week from 1893-1908 (nearly 800 editions), and was effectively a diary and record of Islam in Britain and around the world. There are hundreds of archive copies of these magazines in the British Library. Without this unique weekly record we would not know of the existence of this native Muslim community of around 200 people in Liverpool, and many other parts of Britain. These offer the first attempt at Muslim journalism in the UK and offer a unique insight into a British Muslims view of events and issues in Liverpool, the UK and the Muslim world, at a crucial period of Muslims living under colonial rule.

He wrote and published a number of books. In particular his "Faith of Islam" had three editions translated into thirteen different languages, and was so popular that Queen Victoria ordered a copy and re-ordered copies for her children. The Institute grew, and at the turn of the century held a membership of 200 predominantly English Muslim men, women and children from across the local community. Quilliam's dawah led to around 600 people in the UK embracing Islam, many of them very educated and prominent individuals in British Society, as well as ordinary men and women. His efforts also led to the first Japanese man embracing Islam.



"Appeal for Lost Volume of The Crescent, Britain's first Islamic newspaper"

Page 25

Quilliam eventually had to leave England after facing persecution, the first Muslim experience of "Islamophobia" in the UK. He returned to the UK and adopted the name Haroun Mustapha Leon, and passed away in 1932 near Woking, and was buried in Brookfield Cemetery where Abdullah Yusuf Ali, Marmaduke Pickthall and Lord Headly are also buried.



You can find more information about Abdullah Quilliam on our website:

www.abdullahquilliam.org/about-abdullah-quilliam



About the Abdullah Quilliam Society



"By the Grace of Allah we are celebrating the sixth Ramadan in the England's First Mosque. This mosque was built and opened by Sheikh Abdullah Quilliam in 1889" *Galib Khan - Chair of The AQS*

The historic mosque founded by Abdullah Quilliam was re-opened after 120 years of closure in June 2014

The Abdullah Quilliam Society (AQS) is a UK registered charity founded in 1998 by a small group of Liverpool Muslims, including Dr. Muhammad Akbar Ali, Galib Khan, Zia Choudhry, Mrs. Abassi, Somaya, Capt. Osi-Efa and Rashid Macteer. They became aware of a unique heritage of Islam in Victorian Britain, in the city of Liverpool. This history was located in the Liverpool City Council registry office for births, deaths and marriages. This building was once the site of the historic first UK Mosque, Muslim community Institutions and Dawah activities of Sheikh Abdullah Quilliam from 1889-1908. Staff at the registry office would often refer to the room where all the files of births, deaths and marriages were stored as "the little Mosque" without realising the significance or history behind it. So by an amazing coincidence of history, almost every Liverpool resident for a decade has visited this historic building and many have had their marriage ceremony performed in it.



The late Dr. Muhammad Akbar Ali MBE - AQS Founder

The AQS first objective was to obtain possession of the building and restore it back to the original historic mosque. In the year 2000 Liverpool City Council vacated the property and handed it to the AQS and Muslim community to look after and develop. It was handed over in poor condition and in need of renovation.



"Whoever builds a mosque for Allah, Allah will build for him likewise in Paradise" (Sahih Al-Bukhari)

Over the years AQS has given numerous talks on this important history and hosted many visitors and media. The Society has now completely renovated the building. There are parts of the interior that still require refurbishment according to Grade II listing standards. The Society has kept this unique history alive through many talks, visits and media interviews. It has also encouraged people to further research this heritage. A definitive biography was published, "Islam in Victorian Britain: The Life and Times of Abdullah Quilliam" by Professor Ron Geaves. This book gives a unique insight into the building, the life of Sheikh Quilliam and the first established Muslim Community in Britain.

The Society has exciting plans to renovate the building and re-create the first Institutions of Islam in Britain. It also has exciting plans to further research, exhibit and bring to life the stories of the 600 first native Britons to embrace Islam. Our plans to recreate this building and history are important to Muslims in Europe, America, Japan, and the Muslim world.

The Abdullah Quilliam Mosque was re-opened in June 2014 with the help of Muslim brothers and sisters in UK. Regular congregational daily and Jumah prayers are held in the mosque and the Brougham Terraces is now fully functional as originally started by Abdullah Quilliam in 1889. The madrassah and dawah services are continuing on a limited scale due to shortage of teaching spaces available in the buildings. Muslim and non-Muslim visitors come on a regular basis to visit this historic site. They are currently being shown work in progress. The limited space refurbished is inadequate to serve the number of worshippers, students and visitors. Therefore expanding the usable area in this building is our priority now.

We now have the lease for 6 months of 1-7 Brougham Terrace. Our wish is to purchase the entire building with your support to create The Abdullah Quilliam Heritage Village.

The Abdullah Quilliam Heritage Village is Britain's first Victorian Muslim village - Its home to England's First Mosque, building on 130 years of British Muslim Heritage



For more information about the society please visit our website:

www.abdullahquilliam.org/about-abdullah-quilliam-society



WELCOME



Visit My Mosque Day 2019 at England's First Mosque

On Sunday 3rd March 2019, the Abdullah Quilliam Mosque and Heritage Centre hosted a Victorian themed open day for the general public as part of a national initiative called "Visit my mosque" where 100s of mosques across the country, including several in Liverpool, opening their doors to people of all faiths and none.



"... and whoever believes in Allah and the Last Day, should serve his neighbour generously."
[Hadith]

"By the One in whose Hands my soul is, no slave of Allah has true faith unless he likes for his neighbour what he likes for himself"
[Hadith]





Ramadan Wishes



As Mayor of Liverpool, I would like to extend my heartfelt wishes and blessings to all our Muslim friends for this holy month. I wish you and your families a very peaceful and happy Ramadan during this time of deep reflection, prayer and devotion.

I know many of you will also be taking this time as an opportunity to reach out and care for those in need in the community. In these uncertain times, it has never been more important to look after one other and do all we can to support those who may be feeling alone.

England's first mosque was in Liverpool and I am fiercely proud of the diversity of our city; our many faith communities form a rich and dynamic tapestry that has made us who we are today. We know that we are stronger when we stand united side-by-side, embracing our differences and celebrating our common humanity that connects us all.

It is vital that we continue to honour and preserve our traditions, as well as building on the understanding and friendship between the many cultures and faiths across Liverpool. This will ensure the legacy we are leaving future generations is a home that is peaceful, accepting and inclusive.

Joe Anderson, OBE
Mayor of Liverpool



At the start of the holy month of Ramadan, I wish to send you my personal good wishes, and those of Christians across the Diocese of Liverpool. We walk together as brothers and sisters in our desire to build better and stronger neighbourhoods and communities; as people of faith, we can all be inspired by the emphasis on prayer and charity throughout Ramadan. In the love and friendship which we share, may you be blessed in the journey you undertake.

The Rt Revd Paul Bayes
Bishop of Liverpool



I'd like to send my best wishes to all those across Merseyside who will be observing the holy month of Ramadan from 5th May 2019. My colleagues and I work with members of all the faith communities, and in the past year we have been delighted to accept invitations from the Abdullah Quilliam Society to join them for events in the community. As Ramadan begins, I hope that it will be a time of blessing and peace to you all.

Andy Cooke QPM
Chief Constable, Merseyside Police

WUDU AREAS NOW COMPLETE

Both male and female wudu (ablution) areas combine real plants with natural stone and wood to create a harmonious atmosphere and a very unique experience for the user.



Conceptual Drawings



Building works in male wudu space



Removing the original victorian oven



Installation of underfloor heating

Just as we beautify places of Salah (prayer) to increase our remembrance, our ambition is to elevate the place where wudu is performed to raise our physical and spiritual states during this essential act of worship. Our new wudu space aims to create an environment of calmness and cleanliness which inspires spiritual readiness prior to standing before our Lord in prayer. By using the most hygienic materials and design to create a sacred yet sanitised space, we are not only producing a unique wudu area within Britain's first mosque but also evoking memories of great Islamic civilisation when wudu facilities were places of beauty consisting of decorative fountains set within courtyards or gardens. This is what Sheikh ul Islam Abdullah Quilliam would have encountered in his journeys to Ottoman Turkey and Morocco.

Please donate generously to receive the reward of those who perform wudu in this wonderful space.

Please donate £100
towards a marble stone tile
for the unique wudu spaces.

You can donate by visiting the
following web page:

www.abdullahquilliam.org/current-projects/



Installation of marble stone wall tiles

"Purity is half of faith" (Hadith)

PLEASE DONATE

DIRECT



Account Name: Abdullah Quilliam Society
Bank: HSBC, 99-101 Lord Street, Liverpool L2 6PG
Account No: 01158945 | **Sort Code:** 40-29-28

CREDIT/DEBIT CARD



Donate 100% securely on-line using
PayPal: www.abdullahquilliam.org/donations
Choose to pay a one-off donation or on a monthly basis

£5-£50
monthly

CHEQUE



Account Name: Abdullah Quilliam Society
Address: Abdullah Quilliam Society
8-10 Brougham Terrace, Liverpool, L6 1AE

STANDING ORDER



A standing order form can be obtained
from our website:
www.abdullahquilliam.org/donations



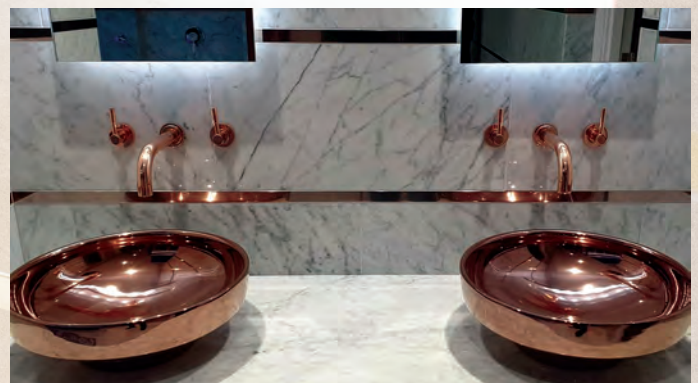
"He who performs the
Wudu (ablution)
perfectly (i.e., according
to Sunnah), his sins will
depart from his body..."
[Hadith]



Tours of the unique wudu spaces



Real plants



unique copper sinks



Installation of decorative floor tiles

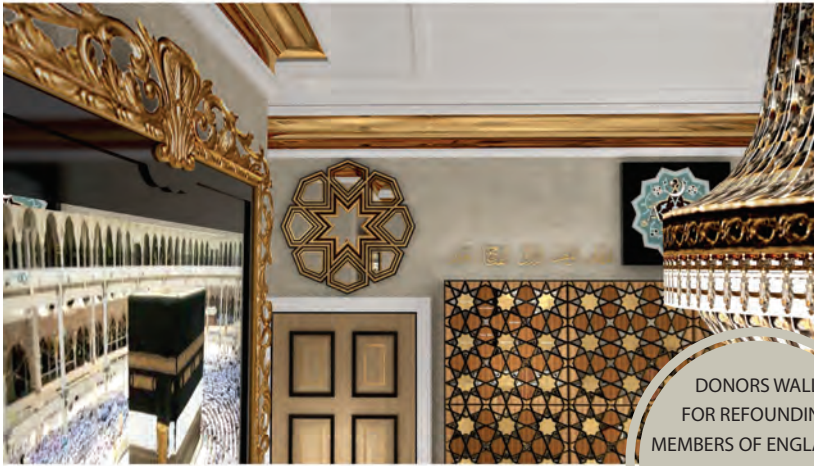


Installation of wudu stations



DONORS WALL

Become a refounding member of England's First Mosque



DONORS WALL
FOR REFOUNDING
MEMBERS OF ENGLAND'S
FIRST MOSQUE IS NOW
UNDER
CONSTRUCTION

PLEASE CONTACT BR.MUMIN FOR MORE
DETAILS:

0151 260 3986



www.abdullahquilliam.org/donors-wall

The Abdullah Quilliam Donors Wall is a permanent feature housed in the historic mosque which was established in 1887. Why not become part of its unique history? You can become a refounding member of England's First Mosque and help to preserve our Islamic Heritage in the United Kingdom. We are accepting donations of £1000 for which we will display your name(s) on an individual plaque or tile as donors to this exciting refurbishment project. The plaque will incorporate a Victorian design in keeping with the building and will be displayed on a donors wall situated in the Bedouin Room of the Abdullah Quilliam Mosque. In addition we will also display all the donors on our donors webpage alongside their portrait image for those who wish to do so. If you require any further information then please contact Br.Mumin on 0151 260 3986.



PLEASE DONATE

DIRECT



Account Name: Abdullah Quilliam Society

Bank: HSBC, 99-101 Lord Street, Liverpool L2 6PG

Account No: 01158945 | **Sort Code:** 40-29-28

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**£5-£50
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STANDING ORDER



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from our website:

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BE A PART OF HISTORY!



QUILLIAM HALLS

Student Accommodation at England's First Mosque



What you will get

The very first Muslim halls of residence in Liverpool, exclusively designed to cater for your needs in a 100% halal environment.

Connect with your faith attend classes in Islamic sciences, Arabic language, Hifz and much much more!

Luxury accommodation in the heart of the city!



For all student enquiries contact Br.Mumin: 07949921692



8-10 Brougham Terrace, Liverpool, L6 1AE



Honour to reside at the historic masjid

Of course the best thing about this accommodation is having the masjid just 2 flights down the stairs, that is what I love about it the most, it makes praying Salah in congregation extremely convenient.

Overall the accommodation provides more than the price that we pay for it (all water, electricity and WiFi bills are included) which is why I will be staying here again next year In shaa Allah.

Musab from Saudi Arabia - Studying Engineering at Liverpool Uni

ONLY
£370 per month

inclusive of all bills



FREE WI-FI



Further details can be found on our website:
www.abdullahquilliam.org/student-accommodation

You can email us:
info@abdullahquilliam.org



BOOK NOW
Br.Mumin: 07949921692

quilliam halls: 19



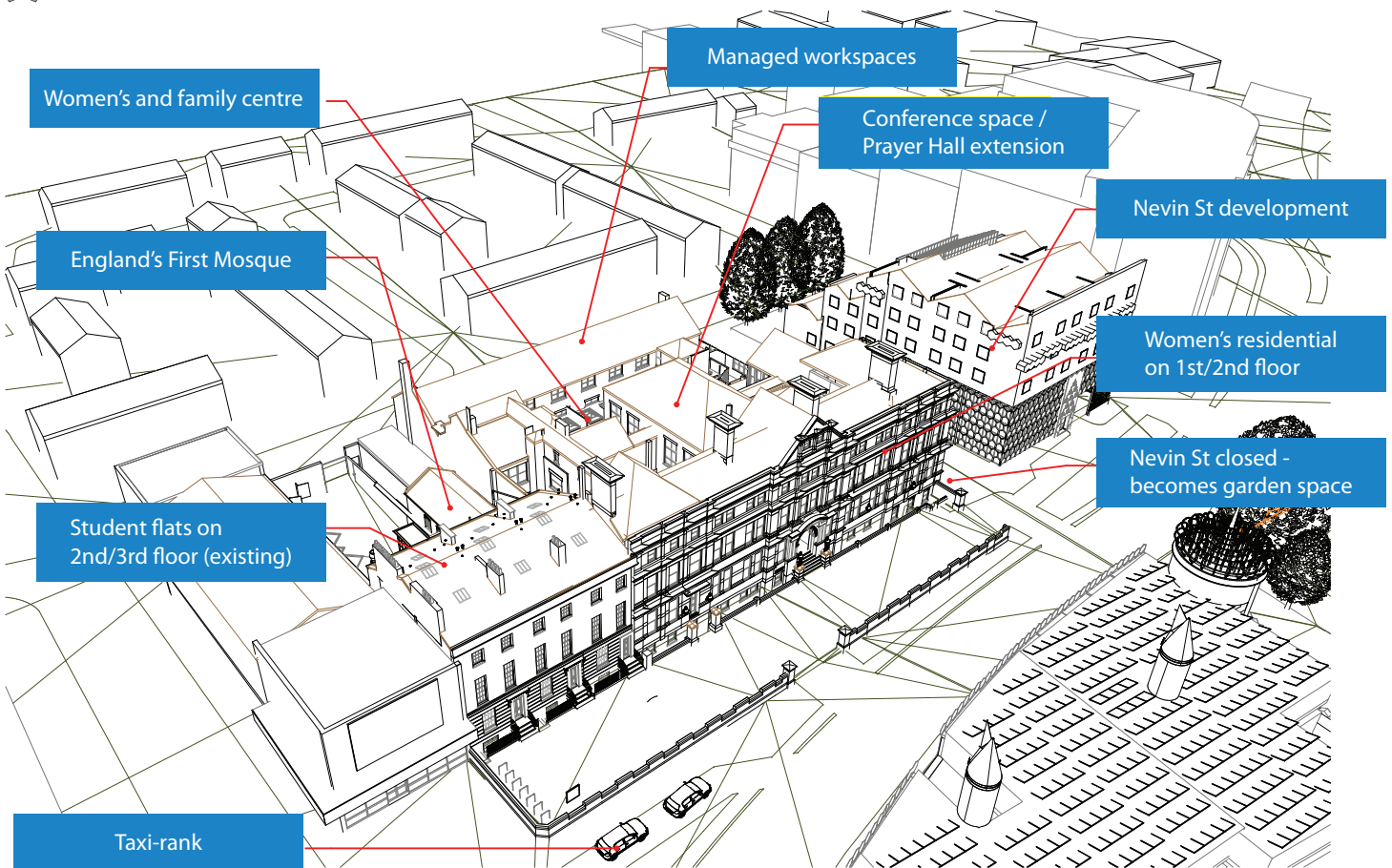
QUILLIAM VILLAGE

The Abdullah Quilliam Heritage Village Development Proposal



Abdullah Quilliam Society
restoring England's First Mosque

Brougham Terrace Summary View



The Vision

A unique development at the gateway to Liverpool City Centre at the head West Derby Road (A5049). This flagship development involves:

- A 38 Apartment Apart-Hotel
- Accommodation for 20 women students and key workers
- Over 8,000 sq. ft. of Commercial Space including 3000 sq. ft. of Start-up units.
- Extended Mosque and prayer rooms
- Heritage Centre incorporating gift and coffee shop
- Women's Centre
- Restaurants
- Training & Community Facilities
- Health and fitness facility incorporating a Hammam
- Wudu
- Off street parking

Local economy, employment, shops

A review of retail opportunities around the area shows that there is need for small scale shops. There are, District level shopping centres at Breck Rd and London Rd about ½ walked-mile and Wavertree Rd and Great Homer St a bit over a mile away, as well as "Local Centres" at Tuebrook and Kensington at nearly a mile away, but few local parades (taken as more than 3 shops in close proximity) within half a mile. This leaves a substantial population under-served.



**Please sign the
Heritage Village
Proposal Petition**

Contact Br.Mumin for more details:
07949921692

A First for Liverpool

The Muslim community is the fastest growing minority community in Liverpool and the City Region. Despite this it is felt that there isn't a cultural quarter dedicated to the people and the faith that builds on the fact that the City is home to England's first Mosque. In developing this unique facility the Abdullah Quilliam Society will seek to work in partnership with a cross section of local, regional, national and international organisations and stakeholders. The development will play a key role on regenerating and reshaping the area and will complement and enrich the network of heritage and visitor attractions across the City and City region and act as a beacon to break down religious, cultural and community barriers in an attempt to build stronger, and more tolerant and cohesive communities.



QUILLIAM VILLAGE

The Abdullah Quilliam Heritage Village Development Proposal



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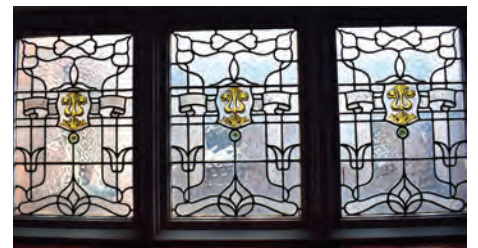
A place for to celebrate & work together



A place for Learning



A place for Worship





QUILLIAM VILLAGE

The Abdullah Quilliam Heritage Village Development Proposal



The AQS was set-up in 1998 with the primary goal of restoring England's First Mosque

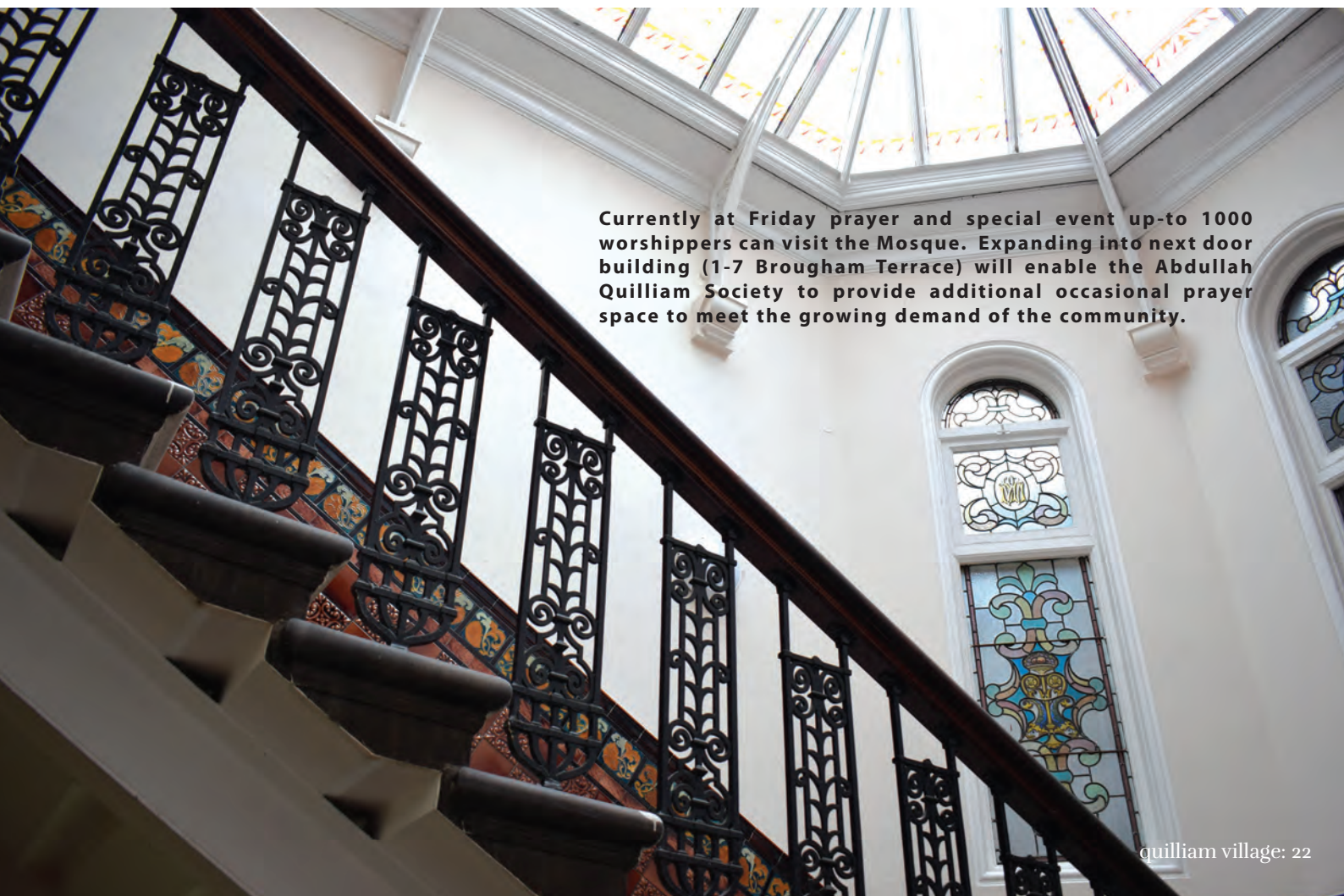
A place to focus on our health & wellbeing together



A place to recognise the Heritage value



A 'first' for Liverpool - 'The World in One City'



Currently at Friday prayer and special event up-to 1000 worshippers can visit the Mosque. Expanding into next door building (1-7 Brougham Terrace) will enable the Abdullah Quilliam Society to provide additional occasional prayer space to meet the growing demand of the community.

The Visitor Experience – England's First mosque

Mumin Khan - CEO of the Abdullah Quilliam Society

As custodians of the first Mosque in England and given the impact Abdullah Quilliam had, not only in Liverpool but across the world, AQS will establish a Museum and Heritage Centre in Quilliam's name to chart the story of his life and legacy.

Quilliam's Kitchen

- Reinstatement of Quilliam's Victorian Kitchen with wood oven
- 'Live' shows to experience how Victorian Muslims dined and what they ate
- Kitchen to be supplied by organic produce grown onsite including honey produced from beehive in the garden and herbs

Unique Wudu (ablution) Spaces

- Complete cleansing ablution experience including ritual wash, miswak, itr, and supply of zamzan water
- Ornamented tiling and mosaic design in accordance with classical Islamic design
- Embedded plant garden and fountain

First Muslim Prayer Hall in England

- Original prayer space established by Abdullah Quilliam in 1887 is the oldest Mosque in England
- We aim to reinstate the original mihrab
- We will be connecting it to 1-7 Brougham Terrace and thereby doubling capacity

Museum & Quilliam Heritage Room

- Heritage Museum displaying Abdullah Quilliam's publications dating back to 1880's
- Dedicated Victorian Islamic Museum in association with Liverpool Museums
- Islamic Art Gallery and Cafe in association with The Prince's Foundation
- University archiving & research facility for Muslims in Britain



AQS Charity Work

Did you know?

Sheikh Abdullah Quilliam fed 200-400 poor children on the morning of Christmas Day and 400-600 in the evening.



The relationship we enjoy with the Muslim community is one built on love, warmth and respect to each other. To your faith, our faith and to those with no faith.

Football is an incredibly powerful tool. It can be divisive and tribal. However, it can also be unifying, it can bring divided communities together.

We value our relationship not just with the AQS but also with the wider Muslim community.

Hunger doesn't wear club colours, have a race or a religion.

Dave Kelly



I am delighted, honoured and humbled to work with Fans Supporting Foodbanks and our Muslim brothers and sisters in our communities around Liverpool and beyond in building bridges and fighting food poverty. We value your support greatly in the AQS.

The warmth and friendship we receive from our Muslim community only grows firmer with time and with this in mind at this special period in our calendar, may I wish you all best wishes for Ramadan.

Ian Byrne



FOR MORE ABOUT OUR CHARITY WORK:
www.abdullahquilliam.org/charity

Continuing the legacy of Abdullah Quilliam

Charity is an essential part of Islam. Sheikh Abdullah Quilliam was remarkable not only for his generosity but also his broad and indiscriminate approach. Largely at his own expense, he sustained the running of the mosque, orphanage, sacred and secular education for children and adults, provision of food to the needy, women's legal aid, campaigning for international humanitarian causes and Dawah among other activities. In this way he was truly following the Prophet's (peace be upon him) example, whose generosity in Ramadan was likened to a fast wind which brings rain and benefit to all.

The AQS collects for international humanitarian appeals throughout the year

The AQS organises daily iftar and sahoor for local refugees and asylum seekers

The AQS has Arabic classes for children and women's education



Appeal for Lost Volume of The Crescent, Britain's first Islamic newspaper

Yahya Birt



Doctoral candidate at Leeds University in Theology & Religious Studies specialising in British Islam

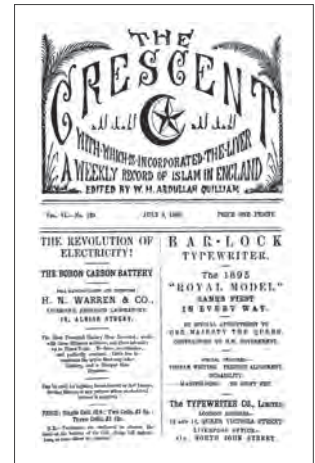
This is an international appeal to find a missing volume of Britain's first Islamic newspaper, *The Crescent: A Weekly Record of Islam in England*, which was published in Liverpool between 1893 and 1908. The *Crescent* is of unique historical importance as it covered local, national and international news about the Liverpool Muslim community, Islam in Britain, Islam within the British Empire, the affairs of the Ottoman Empire, and the Muslim World more generally.

A near-complete set of the *Crescent* is available from the British Library and some other institutions, such as the Oxford Centre for Islamic Studies and the Islamic Foundation in the UK, or a partial set at the University of Toronto. **However, none of them to our knowledge has Volume 2, which covers the crucial year of 1894.**

The historian Jamie Gilham has spent the past two decades studying the many thousands of pages of *The Crescent*: "Quilliam's weekly provides the most detailed record of Islam in Britain and the issues that affected Victorian and Edwardian Muslims. We really need to locate and examine the missing volume for 1894 to help fill in some gaps in our knowledge about Quilliam and his pioneering Muslim community, and thereby create a more complete history of Islam and Muslims in Britain and beyond."

The historian Matt Sharp, a scholar of American and British converts to Islam in the late nineteenth century, says: "The *Crescent* has been an invaluable source to investigate global Muslim networks. The entanglements and relationship between certain American converts and the Liverpool Muslims reached a critical point in 1894. Unfortunately, without the 1894 issues of *The Crescent*, we lack significant information about how Abdullah Quilliam and his fellow Liverpool Muslims viewed developments and setbacks in the United States."

If you are able to help, then please contact abdullahquilliamappeal@everydaymuslim.org with any information.



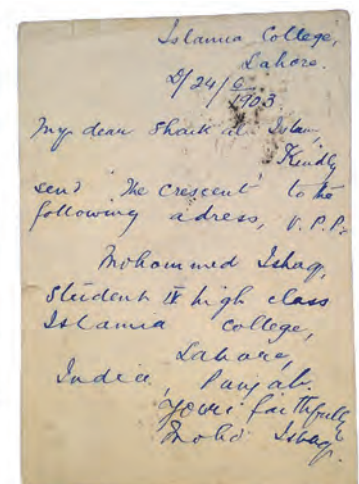
“However, none of them to our knowledge has Volume 2, which covers the crucial year of 1894.”

This volume is of particular interest as it covers the year in which the *Crescent's* editor, William Henry Abdullah Quilliam (1856–1932), is said to have been granted the title of Sheikh al-Islam of the British Isles (effectively, the spiritual representative of Muslims in Britain) by the Ottoman Sultan and Caliph Abdulhamid II, and provides missing details about the development of the new Muslim communities in late Victorian Britain.

As *The Crescent* was distributed internationally, there is a possibility that copies might still survive in libraries or private hands in countries such as Turkey, Lebanon, Egypt, South Africa, India, Pakistan, Bangladesh, Myanmar, Singapore, Australia, and the United States. It is also possible that copies still survive in Britain, such as in Liverpool, Lancashire or London.



A postcard from Islamia College, Lahore - 1903 asking Sheikh Abdullah Quilliam to send them copies of *The Crescent*!





Restoring Sheikh Abdullah Quilliam's Lost Seal

Keeping Islamic Heritage alive in the UK

“I have been honoured to use my digital expertise combined with my appreciation of Islamic aesthetics to recreate Sheikh Abdullah Quilliam's beautiful seal which is like his signature of authenticity.

Afzal Kaduji Founder of www.kad-design.co.uk & www.netummah.com

Ever since the Prophet (peace be upon him) had his famous seal ring made of silver, carved with the words “Muhammad rasul Allah”, seals have been used by Muslim leaders as symbols of authority. It is no surprise therefore that Sheikh Abdullah Quilliam used a seal, especially since he held the prominent title of Sheikh Ul Islam of the British Isles.

This article is about how I discovered and recreated Quilliam's lost seal after 130 years and combined Islamic artistic traditions with contemporary technological design techniques. The task takes me to Turkey and presents some challenges but it was very worthwhile to reveal a hidden gem which at the same time would have held immense significance in its time but also shows Quilliam's appreciation of beauty.



Recreating the seal in Calligraphy

Having identified that the seal read “*Sheikh Abdullah Quilliam*” in Arabic, I travelled to Istanbul to seek out the expertise of an Arabic calligraphy artist trained in the Ottoman style which the seal resembled.

Calligraphy is the highest Islamic art form owing to the special role of the Arabic script in conveying the word of Allah in the Qur'an. The beauty and skill of the calligraphy on an Islamic seal determine their artistic merit.

It wasn't easy to find someone and while I was there, thoughts came to my mind of how Sheikh Quilliam would have been sojourning with Caliph Sultan Hameed II in this very city. When I did find someone, I was very happy with the way the calligrapher recreated the seal, although he did use a certain degree of poetic licence to embellish the original which is not what I was after.



Revamping the Seal into the modern age

In order to recreate a seal as close to the original as possible, the embellishments were edited out. Then the document was scanned into a digital format. This created many distortions, extra marks and unnecessary pixels which needed touching up.



Unveiling Quilliam's seal

The final stage in the process involved converting the bitmap image into a vector using Adobe Illustrator. This meant that the Arabic text could now be easily coloured and adding an exterior orb throws the writing into relief, making it more distinctive.



The original

The distinguished Quilliam scholar, Yahya Birt, chanced upon a historical document originating from Sudan displaying Sheikh Quilliam's seal in use. This arouses speculation that it may have been produced when he was acting as an Emissary of the Ottoman Caliph Sultan Abdul Hamid II. As you can see the seal is faded and is hard to read so I set myself the worthy challenge try to reconstruct the seal in all its glory for posterity.

Enhancing the original

The first task was to make the seal more legible and easier to read. I applied specialist Photoshop techniques, to change the contrast, exposure, curves and level settings to achieve more definition of the writing to enable us to decipher what was written.



You can see more of my work on www.kad-design.co.uk

FAQ about Ramadan in the workplace

Farhad Ahmed : Civil Servant & Secretary of the AQS



In the name of Allah the Most Beneficent, the Most Merciful.

May Allah bestow peace and blessings on His beloved final Prophet.

It is that time of the year again when Ramadan is upon us. It is a special month of the year for over 2 billion Muslims throughout the world. It is a time for inner reflection, contemplation, discipline and devotion to God. We are trying to not give in to our desires and do all things that will bring us closer to Him.

During this time, we as Muslims are often asked many questions by people outside our faith who may be curious about aspects of Ramadan. From experience, here are some commonly asked questions Muslims are faced with and some suggested answers.



1 What is Ramadan?

Ramadan is the ninth month in the Islamic calendar. As Muslims follow a lunar calendar, Ramadan changes by approximately 11 days every year. This is why the month of Ramadan varies year upon year. Muslims are prescribed to fast from pre-dawn to dusk. This means as the time of Ramadan changes throughout the year, so does the length of each fast.

2 Why do Muslims fast?

Fasting during Ramadan is an obligation upon every Muslim man and woman and is a

pillar of the faith. Allah says in the Holy Quran *"Oh you who believe, fasting has been prescribed to you even as it was prescribed to those before you, so that you may become more righteous"* (2:183).



During Ramadan, fasting is not just about abstaining from food and drink but rather for a greater purpose. As we fast and sacrifice food and drink during daylight hours, we are reminded of those who are less fortunate than us and we are encouraged to be more charitable. We are taught to not give in to our desires, to carry out as many good deeds and ultimately to get close to our Lord.

3 Are you allowed to have water?

No. It is a complete fast, unlike Lent; neither food and nor water may deliberately pass the lips during the hours of fasting. This is in no way unhealthy for our bodies and there are now many studies which promote the various health benefits of fasting. However, fasting is only mandatory for healthy adults whose bodies are able to endure the strenuous nature of the fast without negative side effects.

4 Why do some Muslims not fast?

Fasting is compulsory for healthy Muslims after they have reached the age of puberty. Children and elderly are exempted from fasting. Women who are menstruating are exempted as are those who are pregnant or breast feeding. They would need to make up

the fast later, however.

People who are ill or have health conditions that may be worsened by fasting, do not fast. It is perfectly safe for healthy adults to fast and, as recent research is shows, there are many health benefits in so doing.

5 Are you allowed rest days if you feel too tired and want to take a break from fasting?

If you feel extremely unwell, it is ok to miss those days and then "make up" the fast at a later date. If however, a person is fit and healthy they must fast unless they have a very good reason not to, for instance travelling a long journey. Being tired is not a good enough reason and so you would still need to fast.

6 Is there anything else you're not meant to do during Ramadan besides not eating or drinking during daylight hours?

Yes. Besides avoiding food and drink, Muslims are prohibited from conjugal relations during daylight hours. Muslims are also prohibited from lying, becoming angry, backbiting and committing other sins. Whilst Muslims strive to perform as many good deeds as possible, they are also required to give up all bad habits.





Ramadan

Balancing spirituality and food

Ajmal Masroor ■ AQS Trustee, Author & Journalist

Food has a great significance in Islam. It is associated with one's relationship with Allah. Chapter 20, verse 81 of the Qur'an states: *"Eat of the good and wholesome things that We have provided for your sustenance, but indulge in no excess herein."*

The physical body is a gift from God; it is given to humans as an amanah (in trust) to take care of for a fixed period. How much food is consumed and the choice of food has a direct impact on the physical and spiritual well-being of the person. The food that you consume affects your behaviour and personality. Wholesome, natural and healthy food assists the development of a good personality.

Overeating has long been frowned upon in Islam as it is thought to increase worldly appetites and cause sluggishness, thereby 'dulling' the soul, hampering spiritual growth and increasing physical ailments.

The blessed Prophet said: *"The children of Adam fill no vessel worse than their stomach. Sufficient for him is a few morsels to keep his back straight. If he must eat more, then a third should be for his food, a third for his drink, and a third left for air."* (Sunan al-Tirmidhi)

Islam sees health and 'well-being' as much more than just bodily health: well-being or tranquillity requires a strong relationship with one's spirituality, good physical health, mental happiness, a sense of purpose and good character and relationships. Islam makes a strong connection between food and worship and teaches that all forms of worship have a deeper purpose and impact and contribute in some way to individual and social well-being.

In chapter 7, verse 31 the Qur'an is categorical: *"O CHILDREN of Adam! Beautify yourselves for every act of worship, and eat and drink [freely], but do not waste: verily, He does not love the wasteful!"*

Islam thus creates a sense of responsibility in people to take a healthy living lifestyle as normal and through fasting in the month of Ramadan teaches one to learn to manage and practice spirituality and not to eat excessively. The essential part of spirituality in food is that one is grateful and thankful for the food one gets.

The blessed Prophet once said: *"God has a right over you; your body has a right over you...."* To strike a balance between the needs of the physical body and one's spiritual needs, one must on the one hand consume the right type and amount of food and on the other hand develop excellent inter-personal skills.

The blessed Prophet Muhammad said: *"I have only been sent for the perfection of character"*. Fasting in the month of Ramadan is an opportunity to make significant changes in one's lifestyle and develop the resolve to make healthy living choices.

This Ramadan try the following five things to gain spiritual control over your diet:

- 1** Give up on food that harms such as smoking, excessive fatty, fried or spicy food and processed sugar. Good food means good mind, body and spirit. After all there is a famous English saying, *"you are what you eat"*. If you eat harmful food your personality would be harmful and toxic.
- 2** Eat only food that heals your body such as olive oil, milk, honey, fresh fruit, dates, fish etc. If your body gets regular intake of good food it will give you health and happiness. Ramadan is the perfect opportunity to develop a habit of getting your body to get used to eating healthy food.

Big Iftar 2018 at England's First Mosque



Ramadan – Balancing spirituality and food

Continued from previous page...

3 Observe more silence every day, in other words talk less, listen more. In the month of Ramadan contemplate more. Reflect on your life and on the blessings of Allah as often as possible. You will lose less energy and gain spiritual insight.

4 Invest more time in learning and practicing Islam. Blind followers and irrational Muslims are useless to Allah and humanity. It is only through knowledge you gain real faith, through contemplative faith you discover Allah and through understanding you become enlightened. These are inter-related. In the month of Ramadan free yourself from the daily addiction to food.

5 Telling your wife to reduce the time she spends in cooking but time on personal

reflection and worship of Allah. Spend more quality time with your family. Your spouse, children, parents and relatives are all important. One of the best ways of increasing spirituality in food is to share food without pretentiousness. Invite your family for iftar but don't cook lavish food for them and accept invitation from your family out having any expectations of elaborate iftar.

If you can break the habits of a lifetime and realign your food and spirituality along the Prophetic ideals you would be a far better Muslim than you were previously. Start small and insha-Allah, the change will happen.

Ramadan Mubarak!



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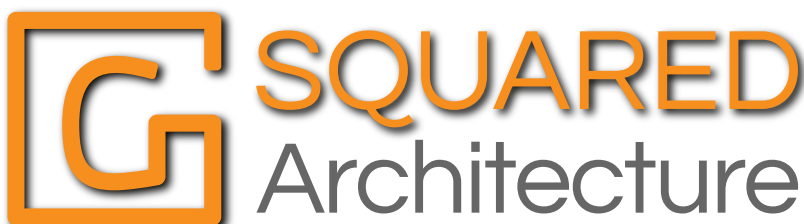


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Article:
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Page 11

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Ramadan: The Days of Mercy



The Prophet Muhammad (Peace be upon him) has made it easier for us to gain the full blessings of Ramadan by dividing the month into three parts of ten days each, with each part having its own special significance.

THE FIRST 10 DAYS: DAYS OF MERCY

اللَّهُمَّ اغْفِرْ لِي وَارْحَمْنِي
وَاجْبُرْنِي وَاهْدِنِي وَارْزُقْنِي

Allahummaghfir lee warhamnee wajburnee
wahdinee warzuqnee.

"O Allah! Forgive me, have mercy on me, help
me, guide me and sustain me."

{at-Tirmidhi al Tabarani}

لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ
اللَّهُمَّ اسْتَغْفِرُكَ لِذَنْبِي وَأَسْأَلُكَ
رَحْمَتَكَ اللَّهُمَّ زِدْنِي عِلْمًا وَلَا
تُرِغْ قَلْبِي بَعْدَ إِذْ هَدَيْتَنِي
وَهَبْ لِي مِنْ لَدُنْكَ رَحْمَةً إِنَّكَ
أَنْتَ الْوَهَّابُ

Laa ilaaha illaa anta subhaanak. Allahumma
astaghfiruka lee dhambee wa as-aluka rahmatak.
Allaahumma zidnee 'ilmaw-walaa tuzigh qalbee
b'ada idh hadaytanee wahab leemilladunka
rahmatan innaka antal-wahhaab.

"There is no God except you.

You are glorified. O Allah! I seek Your forgive-
ness for my sins, I ask You for Your mercy. O
Allah! increase me in knowledge and do not
misguide my heart after having guided me. And
grant me mercy from Your treasure. Verily you
are the giver."

{Al-Hakim, Ibn Hibban and Abu Dawud}

THE SECOND 10 DAYS: DAYS OF FORGIVENESS

اللَّهُمَّ إِنِّي أَسْأَلُكَ بِنِعْمَتِكَ السَّابِعَةِ الَّتِي
أَنْعَمْتَ بِهَا عَلَيَّ وَبَلَاءِكَ الَّذِي ابْتَلَيْتَنِي
وَبِفَضْلِكَ الَّذِي أَفْضَلْتَ عَلَيَّ أَنْ تُدْخِلَنِي الْجَنَّةَ
اللَّهُمَّ أَدْخِلْنِي الْجَنَّةَ بِفَضْلِكَ وَمَنِّكَ وَرَحْمَتِكَ

Allahumma innee as-aluka bini'matika-assaabighati allatee an'amta
bihaa 'alaiyya wa balaa-ikal-ladhee ibtalaitanee wa bifadlikal-ladhee
afdalta 'alayya an tudkhilaniyal-jannah. Allahumma adkhilnee
aljannata bifadlika wa mannika wa rahmatika.

"O Allah! I ask You by medium of Your abundant blessings that
You have blessed me with and by medium of Your trials that You
have tested me with and by medium of Your trials that You have
favoured me with that You enter me in Paradise. O Allah! enter
me into paradise with Your favour, boon and mercy."

{Al-Tabarani}

THE LAST 10 DAYS: SALVATION FROM THE HELLFIRE

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْجَنَّةَ وَمَا قَرَّبَ إِلَيْهَا مِنْ قَوْلٍ أَوْ عَمَلٍ
وَأَعُوذُ بِكَ مِنَ النَّارِ وَمَا قَرَّبَ إِلَيْهَا مِنْ قَوْلٍ أَوْ عَمَلٍ
وَأَسْأَلُكَ أَنْ تَجْعَلَ كُلَّ قَضَاءٍ قَضَيْتَهُ لِي خَيْرًا

Allahumma innee as-aluka-aljannata wa na'emahaa wa bahjatahaa wa
a'oodhu bika minan-naari wa maa qarraba ilayhaa min qawlin aw 'amal.
Wa as-aluka an taj'ala kulla qadaa-in qadaitahoo lee khayraa.

"O Allah! I ask You for paradise and whatever words and actions may
take me near it. I seek your protection from the fire and whatever
words or actions that may take me near it. I beseech You to make
Your decisions for me good."

{Ahmad Ibn Majah - similar wording in Al-Hakim and Al-Adab Al-Mufrad of Al-Bukhari}



Zakat Calculator



"And establish prayer and give zakat and bow with those who bow [in worship and obedience]" {Quran 2:43}



What is Zakat?

One of the five pillars of Islam, Zakat literally means 'to cleanse' or 'purify'. Paying Zakat on your wealth purifies it and increases what remains. It also reminds us that our wealth belongs to Allah.

Why pay it during Ramadan?

Good deeds are multiplied 70 times this month, making it the perfect time to pay your Zakat.

How much should I pay?

Generally, if the amount of wealth you have owned for one year exceeds the Nisaab then Zakat must be paid on that amount.

For your silver possessions please refer to the silver Nisaab.
For gold and monetary possessions, please refer to the gold Nisaab.

Zakat ul Fitr

Zakat ul Fitr must be paid before the Eid prayer by each adult Muslim for themselves and each of their dependants. The amount this year is £5 per head.

Zakat
2.5%

STEP ONE: Work out what you own	
Cash in hand	£
Cash in bank account(s)	£
Value of gold (current market value)	£
Value of silver (current market value)	£
Amount given out in loans (where the debtor is able and willing to pay back loan)	£
Current value of shares	£
Value of goods in stock for sale	£
Total Assets	£

STEP TWO: Work out your outgoings from what you own	
Amount owned in debt (short term loans or those payable within year)	£
Expenses (tax, rent and other bills due immediately)	£
Total Liabilities	£

STEP THREE: Minus Total liabilities from Total assets and if more than the Nisaab then multiply by 0.025		
Total Assets (A)	Total Liabilities (B)	Total Zakat (A-B)x0.025
£	£	£

16 Post Ramadan Goals

Continue your good deeds after Ramadan is over with the following goals



Recite/ memorise
Qur'an daily



Eat moderately
according to the Sunnah



Continue perfecting your
concentration (Khushoo')
in Salaat



Treat others with
compassion



Offer Salaat ut-Tahajjud
prayer



Renew ties with those
you have lost touch with



Keep optional fasts on
Mondays and Thursday



Forgive others and ask
for their forgiveness



Increase your invocations
morning and evening



Smile :) and make others
smile



Give charity regularly*
and help others



Visit the sick



Treat parents with Ihsan
(excellence)



Take care of your body
through healthy eating
and exercise



Be mindful of your speech



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Reminder by Sheikh Sadek Kassim: *Every Sunday after Zuhr prayer.*

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Second 10 days Halaqah:

By Sheikh Haroon Hanif - Khateeb of England's First Mosque

Charity in Ramadan:

A lecture by Ustadh Adam Kelwick, Chaplain & International Charity Fundraiser. Please check website...

Date to be confirmed

AQS Women's Iftar Programme:

Led by Rehab Hassan & Amirah Scarsbrick.

Saturday 11th May

Sheikh Abdullah Quilliam, a Great Muslim Role Model:

Victorian Iftar with Professor Ron Geaves, Author Of life and Times of Abdullah Quilliam.

Tuesday 21st May at 7pm

The Month Of Mercy:

A special lecture in Arabic by Sheikh Sadek Kassim.

Sunday 19th May at 7pm

The Blessings of Ramadan:

A Bengali Lecture by Imam Abul Hasnat Chowdhury, Imam of Darul Umma Institute, London.

Sunday 12th May at 12.30pm.

Abdullah Quilliam Qirat Competition:

For Adults and Children - led by Sheikh Sadek Kassim & Imam Waddah Saleh. * **Please register your name as a candidate**

Sunday 26th May At Zuhr at AQS.

The Night Of Remembrance: (Women's programme only)

Led by Ustadha Nagheba Hayel.

27th night of Ramadan.

Liverpool City Mayor's Grand Iftar:

At AQS.

This programme is in aid of Alder Hey Children's Hospital

Thursday 30th May at 7pm

Students Iftar:

Iftar with students of Liverpool University, Liverpool John Moores University & Hope University.

Friday 10th May

Abdullah Quilliam Grand Street Iftar:

At AQS.

Wednesday 22nd May at 7pm

Feed the Hungry Of Liverpool:

Ramadan Food Distribution by AQS to Fans Supporting Food Bank.

Zakat Ul Fitr: £5 per person.

Eid Jamat times:

1st Jamaat: 7.30 am, lead by Sheikh Sadek Kassim

2nd Jamaat: 8.30 am, lead by Sheikh Haroon Hanif

3rd Jamaat: 9.30 am, lead by Imam Waddah Saleh



Abdullah Quilliam Grand Street Iftar

*City wide iftar for non-muslims and muslims
Join us, to celebrate the breaking of the fast (iftar)*

Wednesday 22nd May, 7pm at AQS

The AQS provides iftar at England's First Mosque for more than 300 people everyday during the month of Ramadan!

Choose a sponsor...

£2
1 meal

£20
10 meals

£600
for a full day

"Whoever provides food for a person to break their fast, he will have the like of his reward..." [Hadith]

Iftar Fund

This is an opportunity to earn even more reward during this blessed month by contributing to the iftar fund

To take part please contact:
Br.Mumin on:-
0151 260 3986



Quilliam Village

BANQUETING HALL

Get married at England's First Mosque

Book Now for:
*Wedding Functions,
Corporate Events,
Birthdays and
all large events*



Book for Iftars and Eid parties

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1-10 Brougham Terrace, Liverpool, L6 1AE



Taraweeh Programme



Taraweeh 12 rakats, Qiyam al layl 8 rakats and Shaf' and Witr 3 rakats.

Night	Juz	Surah	Verse	Page No.
1st night (Ramadan eve)	First Juz	Al-Fatihah and Al-Baqarah	1-141	1-21
2nd night	2nd Juz	Al-Baqarah	142-252	22- 41
3rd night	3rd Juz	Al-Baqarah and Al'Imran	253 Al-Baqarah - 92 Al'Imran	42- 62
4th night	4th Juz	Al'Imran and Al-Nisaa'	93 Al'Imran - 24 Al-Nisaa'	62-82
5th night	5th Juz	Al-Nisaa'	25-147	82-101
6th night	6th Juz	Al-Nisaa' and Al-Ma'ida	148 Al-Nisaa' - 81 Al-Ma'ida	102-121
7th night	7th Juz	Al- Ma'ida and Al-An'am	82 Al-Ma'ida - 110 Al-An'am	121-141
8th night	8th Juz	Al-An'am and Al-A'raf	111 Al-An'am - 84 Al-A'raf	142-161
9th night	9th Juz	Al-A'raf and Al-Anfal	85 Al-A'raf – 40 Al-Anfal	161-181
10th night	10th Juz	Al-Anfal and At-Tawbah	41 Al-Anfal – 89 At-Tawbah	182-201
11 night	11th Juz	At-Tawbah and Yunus	90 At- Tawbah – all Yunus	201-221
12th night	12th Juz	Hud and Yusuf	1 Hud – 57 Yusuf	221-242
13th night	13th Juz	Yusuf, Ar-Ra'd and Ibraheem	58 Yusuf – last verse Ibraheem	242-261
14th night	14th Juz	Al-Hijr and An-Nahal	1 Al- Hijr – last Verse An-Nahal	262-281
15th night	15th and 16th Juz	Al-Isra' and Al-Kahf	1 Maryam – 50 Al-Anbiya'	305-326
16th night	16th and 17th Juz	Maryam, Taha and Al-Anbiya'	1 Maryam – 50 Al-Anbiya'	305-326
17th night	17th Juz and 18th Juz	Al-Anbiya', Al-Hajj and Al-Mu'minin	51 Al-Anbiya'- Last verse Al-Mu'minin	326-349
18th night	18th and 19th Juz	An-Nur, Al-Furqan and Ash-Shu'ara	1 An-Nur – 104 Ash-Shu'ara	350-371
19th night	19th and 20th Juz	Ash-Shu'ara, An-Naml and Al-Qasas	105 Ash-Shu'ara - last verse Al-Qasas	371-396
20th night	20th and 21st Juz	Al-Ankabut, Ar-Rum, Luqman and As-Sajdah	1 Al-Ankabut – last verse As-Sajdah	396-417
21st night	22nd Juz	Al-Ahzab, Saba' and Fatir	1 Al-Ahzab – last verse Fatir	418-440
22nd night	23rd Juz	Yaseen, As-Saffat, Saad and Az-Zumar	1 Yaseen – 31 Az-Zumar	440-462
23rd night	24th Juz	Az-Zumar, Ghafir, Fussilat	32 Az-Zumar – last verse Fussilat	462-482
24th night	25th Juz	Ash-Shura, Az-Zukhruf, Ad-Dukhan and Al- Jathiyah	1 Ash-Shura – last verse Al-Jathiyah	483-502
25th night	26th Juz	Al- Ahqaf, Muhammad, Al- Fath, Al-Hujurat and Qaf	1 Al-Ahqaf – last verse of Qaf	502-520
26th night	27th Juz	Ad- Dhariyat – Al- Hadeed	1 Ad-Dhariyat - last verse Al-Hadeed	520-541
27th night	28th Juz	Al-Mujadilah – At-Tahreem	1 Al-Mujadilah - last verse At Tahreem	542-561
28th night	29th Juz	Al-Mulk – Al-Mursalat	1 Al-Mulk - last verse Al-Mursalat	562-581
29th night	30th Juz	An-Naba – An-Nas	1 An-Naba - Last verse An-Nas	Khatima



Daily activities during Ramadan

Use the daily checklist below to help motivate you throughout Ramadan

Worship																														
Prayed my five daily Salaat																														
Prayed Qiyam-ul-layl (Tahajjud)																														
Made morning Dhikr (Remembrance of Allah*) after Salaat ul-Fajr																														
Prayed Tarawih																														
Prayed Nafl (optional) Salaat																														
Read and memorised at least 2 duas in this booklet																														
Qur'an																														
Reading translation (Tilawat) & commentary (Tafseer)																														
Reflection																														
Memorisation																														
Charity																														
Paid Zakat (if applicable)																														
Paid Zakat ul-Fitr (for the month)																														
Paid Sadakah																														
Sunnah																														
Practise at least one Sunnah of the Prophet (PBUH)																														
My Actions																														
Did some exercise & tried best to take care of my body																														
Did something special for my parents																														
Made one person smile																														
Removed harm from the path of at least one person																														
Reflected upon myself and my actions																														
Increased knowledge through reading or listening to a talk																														
Read Surah Mulk before going to sleep																														



The Month of Worship

“The great month of worship has finally arrived. Allah, Most High, in His infinite wisdom and mercy has blessed us all with another chance to experience Him in this month.



Sheikh Haroon Hanif Khateeb of England's First Mosque

Since last Ramadan much has passed. Events continue to occur across the world that have shaken many and each one of us has experienced personal loss and grief. But whatever has happened since we last met Ramadan we are all back standing at the door of Ramadan.

Marhaban Ya Ramadan Marhaban Shahr 'l-ibada
Welcome O Ramadan Welcome Month of Worship

I ask you all, how did you feel last year when the month left. Did you actually think you would see it again?

Ramadan came laden with gifts from its Lord one exchange for some struggle on our part, which in truth wasn't really a struggle. Praying the prayers became easy; reading Quran became enjoyable, standing for over an hour in Tarawih became normal, giving in charity was no longer a burden and asking the Lord

happened all the time. And what did we get as gifts: mercy, forgiveness, sins wiped away, guarantees of freedom from Hellfire.

And now the same thing again. Ramadan has come again asking us to do the same and more in exchange for the same and more from its Lord.

So, are you ready? Not for the heavy Iftars! Are you ready for the increase in worship?

Make a commitment to finish the Quran at least once.

Make a commitment to keep asking Him when breaking the fast and just before fajr.

Make a commitment to control the tongue, and the eyes and the ears from anything that will spoil your fast.

And keep reciting the supplication that we were all advised to read in the hope of catching The Night of Power (Layaltu 'l-Qadr):

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma innaka 'afuwun tuhibbu 'l-'afwa f'afu anni

"O Allah, Truly you are the Pardoner, you love to pardon, so pardon me."

May Allah make accept all that we do in this blessed month.



Ramadan Bazaar

We will be having stalls every Saturday from 12pm to 6pm in the car-park of the AQS

If you require a stall please contact:



Br.Mumin: 07949921692



Quilliam Village
BANQUETING HALL

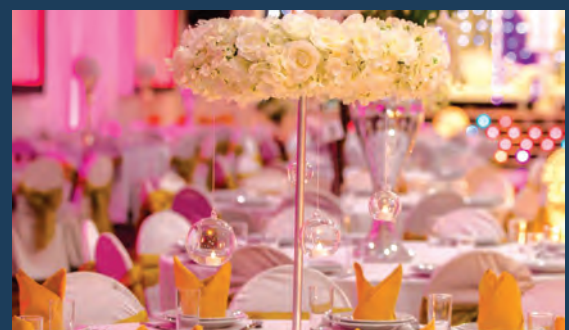
1-10 Brougham Terrace

We are now taking bookings
for Weddings, Iftars and Eid parties



BOOK NOW

Br.Mumin: 07949921692





Ramadan Timetable 2019 (1440)



Beginning and end of Ramadan are subject to sighting of the new moon

Date	Ramadan Day Number	Ramadan Day	Fajr Start Imsak (fast)	Fajr Jammāt (Iqama) 10 min after Adhan	Sun-rise	Zhur Start	Zhur Jamaat	Asr Start	Asr Jamaat	Maghrib Fast Ends	Isha Starts	Isha Jammāt Taraweeh
5 / 5	1	Sunday	3.38	3.48	5.30	1.14	2.00	5.17	6.00	8.48	10.08	10.30
6 / 5	2 1	Monday	3.37	3.47	5.28	1.14	2.00	5.18	6.00	8.49	10.09	10.30
7 / 5	3 2	Tuesday	3.35	3.45	5.26	1.14	2.00	5.18	6.00	8.51	10.11	10.30
8 / 5	4 3	Wednesday	3.31	3.41	5.24	1.13	2.00	5.19	6.00	8.53	10.13	10.30
9 / 5	5 4	Thursday	3.30	3.40	5.22	1.13	2.00	5.20	6.00	8.54	10.14	10.30
10 / 5	6 5	Friday	3.28	3.38	5.21	1.13	2.00	5.20	6.00	8.56	10.16	10.30
11 / 5	7 6	Saturday	3.24	3.34	5.19	1.13	2.00	5.21	6.00	8.58	10.18	10.30
12 / 5	8 7	Sunday	3.23	3.33	5.17	1.13	2.00	5.22	6.00	9.00	10.20	10.30
13 / 5	9 8	Monday	3.21	3.31	5.15	1.13	2.00	5.22	6.00	9.01	10.21	10.30
14 / 5	10 9	Tuesday	3.19	3.29	5.14	1.13	2.00	5.23	6.00	9.03	10.23	10.30
15 / 5	11 10	Wednesday	3.16	3.26	5.12	1.13	2.00	5.24	6.00	9.05	10.25	10.45
16 / 5	12 11	Thursday	3.15	3.25	5.10	1.13	2.00	5.24	6.00	9.06	10.26	10.45
17 / 5	13 12	Friday	3.13	3.23	5.09	1.13	2.00	5.25	6.00	9.08	10.28	10.45
18 / 5	14 13	Saturday	3.09	3.19	5.07	1.13	2.00	5.26	6.00	9.09	10.29	10.45
19 / 5	15 14	Sunday	3.07	3.17	5.06	1.13	2.00	5.26	6.00	9.11	10.31	10.45
20 / 5	16 15	Monday	3.06	3.16	5.04	1.14	2.00	5.27	6.00	9.13	10.33	10.45
21 / 5	17 16	Tuesday	3.05	3.15	5.03	1.14	2.00	5.28	6.00	9.14	10.34	10.45
22 / 5	18 17	Wednesday	3.02	3.12	5.02	1.14	2.00	5.28	6.00	9.16	10.36	10.45
23 / 5	19 18	Thursday	3.00	3.10	5.00	1.14	2.00	5.29	6.00	9.17	10.37	10.45
24 / 5	20 19	Friday	2.59	3.09	4.59	1.14	2.00	5.29	6.00	9.19	10.39	10.45
25 / 5	21 20	Saturday	2.57	3.07	4.58	1.14	2.00	5.30	6.00	9.20	10.40	10.45
26 / 5	22 21	Sunday	2.54	3.04	4.56	1.14	2.00	5.30	6.00	9.21	10.41	11.00
27 / 5	23 22	Monday	2.53	3.03	4.55	1.14	2.00	5.31	6.00	9.23	10.43	11.00
28 / 5	24 23	Tuesday	2.52	3.02	4.54	1.14	2.00	5.31	6.00	9.24	10.44	11.00
29 / 5	25 24	Wednesday	2.51	3.01	4.53	1.14	2.00	5.32	6.00	9.25	10.45	11.00
30 / 5	26 25	Thursday	2.49	2.59	4.52	1.15	2.00	5.33	6.00	9.27	10.47	11.00
31 / 5	27 26	Friday	2.47	2.57	4.51	1.15	2.00	5.33	6.00	9.28	10.48	11.00
1 / 6	28 27	Saturday	2.46	2.56	4.50	1.15	2.00	5.34	6.00	9.29	10.49	11.00
2 / 6	29 28	Sunday	2.45	2.55	4.49	1.15	2.00	5.34	6.00	9.30	10.50	11.00
3 / 6	30 29	Monday	2.44	2.54	4.48	1.15	2.00	5.35	6.00	9.31	10.51	11.00
4 / 6	30	Tuesday	2.42	2.52	4.48	1.15	2.00	5.35	6.00	9.32	10.52	11.00



EID Prayer Times

1st Jama'ah	7:30 am
2nd Jama'ah	8:30 am
3rd Jama'ah	9:30 am

Zakatul Fitr

Please pay Zakatul Fitr early, so that it reaches the needy before Eidul Fitr at the minimum of £5.00 per person. This can be paid at the Mosque Reception.



Abdullah Quilliam Society

Est. 1887

PLEASE HELP TO RESTORE ENGLAND'S FIRST MOSQUE

Preserving our Islamic heritage in the UK

UK charity No: 1086228

Did you know that England's first mosque is in Liverpool - established in 1887 - founded by a Victorian gentleman, Abdullah Quilliam? The AQS is a charitable organisation based in Liverpool whose aim is to fully develop the historic mosque and we need your help to complete its restoration.

Please Donate and save our heritage



New refurbished prayer hall



Unique womens wudu space under construction



Restoring Quilliam's kitchen where homeless were fed



Restoring original Victorian features of masjid

DIRECT



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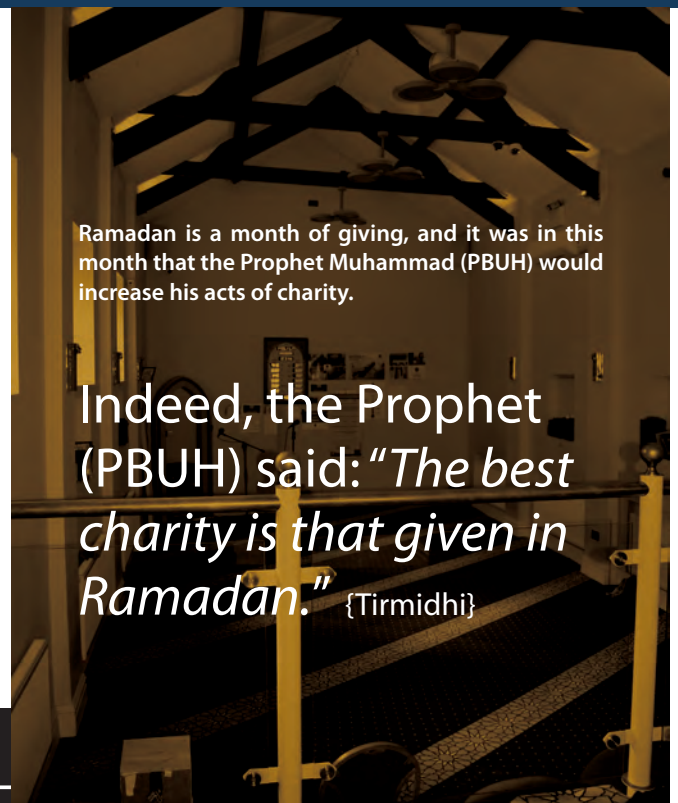
Please help us to Restore England's First Masjid founded
by Sheikh Abdullah Quilliam.



*In this blessed
month of Ramadan
your donations will
reap seventy times
more reward than in
any other month.*

*In this month the aim of the AQS is raise enough funds to
complete Phase 3 and 4.*

*"Whoever builds a mosque for Allah, Allah will build for him
likewise in Paradise" {Sahih Al-Bukhari}*



Ramadan is a month of giving, and it was in this
month that the Prophet Muhammad (PBUH) would
increase his acts of charity.

**Indeed, the Prophet
(PBUH) said: "The best
charity is that given in
Ramadan." {Tirmidhi}**