

2018

(1439)

رمضان كريم

# Ramadan Guide



Abdullah Quilliam Mosque & Heritage Centre

(England's First Mosque Est.1887)



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# Ramadan Mubarak Welcome to our Ramadan Guide 2018



Message from the Chair of AQS : Galib Khan

Assalamu Alaikum (peace be upon you)

This year we are celebrating the fifth Ramadan after the re-opening of the historic Quilliam Mosque. Recently, due to the work carried out in the restoration of the Mosque, The Secretary of State for Culture, Media and Sport, has upgraded the status of our unique building to Grade II\*, in recognition of the valuable work we as Muslims have done in this country.

In our endeavours to preserve the literary legacy of Sheikh Abdullah Quilliam, we have digitised The Crescent, The Islamic World and several Quilliam books on our website through permission from the British Library.

 [www.abdullahquilliam.org/the-crescent](http://www.abdullahquilliam.org/the-crescent)

This year we are eagerly looking forward to Ramadan and we will endeavour to make this Ramadan a memorable occasion for all Muslims and wider society. Our local Sheikh Sadek Kassim and Sheikh Waddah Saleh will lead Tarawih and Tahajjud prayers. We will also be delivering a comprehensive programme from Asr to Fajar every day throughout Ramadan which will be further enhanced by additional special events for children, women, new Muslims and the regular congregation.

We will also reach out to non-Muslims across Liverpool through our popular Big Iftar event. We hope you will help us to spread the word and invite any non-Muslim friends or colleagues to participate. Announcement of the date will be made on our Facebook page closer to the time. We will also be continuing our ongoing food bank partnership with the football supporters groups of Liverpool FC and Everton FC.

This year, in association with Liverpool City Council, AQS is exploring the feasibility of expanding our centre and developing The Quilliam Village as a new gateway of Islamic Contributions to the City. We invite you to become a part of this exciting project to open more links between Muslims and the wider community.

**Please continue to support England's First Mosque and help us restore it as an investment in your reward in the hereafter. May Allah (SWT) accept all our prayers, fasts and good deeds. Ameen.**

[1st Ramadan 1439, May 2018]

*Galib Khan*

## Highlight



## AQS Taraweeh Programme 2018

Imam Sheikh Sadek Kassim, renowned Qari & winner of the UK National Qirat competition will be leading taraweeh prayers...

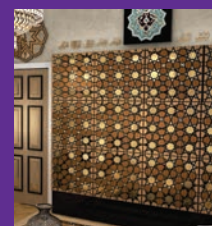
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# DUAS IN RAMADAN

Ramadan is a time when duas are of greater weight and are more powerful. In addition to the duas below, to pray for ones needs, family, friends, the Ummah and for all humanity is also recommended.

## Intention for beginning the fast

*Recommended to read the night before the fast*

وَبَصَوْمِ غَدٍ تُؤَيِّتُ مِنْ شَهْرِ رَمَضَانَ

"Wa bisawmi ghadin nawaytu min shahri ramadaan."

*"I intend to keep the fast tomorrow in the month of Ramadan."*

## Dua for breaking the fast

اَللّٰهُمَّ لَكَ صُمْتُ وَبِكَ اٰمَنْتُ  
وَعَلَيْكَ تَوَكَّلْتُ وَعَلَى رِزْقِكَ اَفْطَرْتُ

"Allahumma laka sumtu wa bika aamantu wa 'alayka tawakkaltu wa 'alaa rizqika aftartu."

*"O Allah! I fasted for You and I believe in You and I put my trust in You and I break my fast with Your sustenance."*

## Recommended dua for Ramadan

اَللّٰهُمَّ اِنَّكَ عَفُوٌّ كَرِيْمٌ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّيْ

"Allahumma innaka 'afuwwun kareemun tuhibbul 'afwa fa'fu 'annee."

*"O Allah, You are the best forgiver. You love forgiveness, so forgive me."*



## SOME DUA WORDINGS & IDEAS

(Please feel free to include these in your list)

Include Ummah and their hardships in your dua list: Muslims from Syria, Egypt, Palestine, Kashmir...

Single mothers.

Widows.

Couples with fertility issues.

Single muslims struggling to get married.

Muslims with diseases.

Muslims in debt.

Dua for protection against fitna of grave.  
Dajjal and Hell fire.

Dua for your progeny, your husband/wife, parents, siblings and inlaws...

Dua for financial security.

Dua to make you a rich muslim who spends in the path of Allah and is not greedy or stringy or one who spends money on wrong affairs.

Dua to be free from grudges, jealousy, ungratefulness and hatred.

Dua for Muslim prisoners and their families.

Dua for humanity and orphans.

Dua for studies and goals in life.

Dua for Jannatul firdous.

Dua to keep us humble and on the right path.

Dua for good health for self and loved ones.



# DUAS IN RAMADAN

## SOME DUA WORDINGS & IDEAS

(Please feel free to include these in your list)

Dua to be amongst Sabiqoon mentioned in Surah Al Waqiyah and under the shade of Allah's throne on the Day of Judgment. To drink water from the fountain of Al Kauthar from Prophet's ﷺ hands on Day of Judgment (salallahu aleyhi wasallam).

Dua to be the neighbour of Prophet ﷺ and his companions (salallahu aleyhi wasallam and radiallahu anhum).

Dua to ward off hardships that one's qadr might have and replace them with blessings.

Dua for calling us to Mecca and Madina for Hajj and Umrah time and again!

Dua for Muslims who have psychological diseases and hardships.

Dua for cancer patients.

Dua for protection against punishment of grave and the pain of death.

Dua to cross the bridge of Siraat with the speed of light and more.

Dua for protection against black magic and evil eye.

Dua to make family ties strong.

## When you are fasting, and someone is rude to you

"Inni sa'iimu, inni sa'iimu."

"I am fasting, I am fasting."

إِنِّي صَائِمٌ ، إِنِّي صَائِمٌ

## Upon breaking the fast in someone's home

"Aftara 'indakumus ssimuna, wa akala ta'aamakumul-abraaru, wasallat 'alaikumul mala'ikat."

"May those who are break their fast in your home, and may the dutiful and pious eat you food and may the angels send prayers upon you."

أَفْطَرَ عِنْدَ أُمِّ الصَّائِمُونَ، وَأَلَّ طَعَامَكُمْ الْأَبْرَارُ، وَصَلَّتْ عَلَيْكُمْ الْمَلَائِكَةُ

## Recited at intervals of the taraweeh prayers

سُبْحَانَ ذِي الْمُلْكِ وَالْمَلَكُوتِ سُبْحَانَ ذِي الْعِزَّةِ وَالْعَظَمَةِ وَ، الْهَيْبَةِ وَالْقُدْرَةِ ،  
وَالْكِبْرِيَاءِ وَالْجَبَرُوتِ، سُبْحَانَ الْمَلِكِ الْحَيِّ الَّذِي لَا يَنَامُ وَلَا يَمُوتُ، سُبُّوحٌ ،  
قُدُّوسٌ، رَبُّ الْمَلَائِكَةِ وَالرُّوحِ لَا إِلَهَ إِلَّا اللَّهُ نَسْتَغْفِرُ اللَّهَ ، نَسْأَلُكَ الْجَنَّةَ وَنَعُوذُ  
بِكَ مِنَ النَّارِ



# Healthy eating tips during Ramadan



1

## Drink plenty of water and eat hydrating foods

Drink plenty of water between Iftar and Suhoor. Avoid caffeinated drinks such as coffee, tea and cola, because caffeine can make some people urinate more often, which may lead to dehydration. Also remember that fizzy drinks with sugar will add calories to your diet.

2

## Consume the right foods at Suhoor

Suhoor should be a wholesome meal providing you with enough energy to last until Iftar. Eating complex carbohydrates, such as fruit and vegetables, beans, chickpeas and lentils, will provide you with a long-lasting source of energy throughout the day.

3

## Eating a healthy, balanced Iftar

Incorporate plenty of vegetables to provide vital vitamins and nutrients. In general, avoid fried and processed foods high in fat or sugar. Enjoy your meal and avoid overeating by eating slowly.

4

## Avoid overeating

Eating your soup and salad slowly at Iftar will help you feel full and prevent you from overeating later from the main dish and sweets.



**Dr Abdul Hamid** MBChB MRCGP BSc Hons MRPharmS  
Abingdon Family Health Care Centre, Liverpool



# Ramadan the month of Quran



Sheikh Sadek will be leading the Taraweeh prayers : Taraweeh programme - Pg 29



Ramadan is the month in which the Qur’an was revealed, so what better time to reconnect ourselves to Allah (SWT) through it.

It was sent to mankind as a complete and perfect guidance, and such is the greatness of this gift from Allah (SWT) that He has said: *“If We had sent down this Qur’an upon a mountain, you would have seen it humbled and coming apart from fear of Allah. And these examples We present to the people that perhaps they will give thought.”* {Qur’an 59:21}

Allah (SWT) has indeed blessed us with the Qur’an as a guidance from darkness into light {Qur’an 14:11} thus, it is a must for us to recite it often, act upon its guidance and show it the proper etiquette and reverence. Indeed, Allah (SWT) has said, *“Whosoever exalts the signs of Allah, that is indeed from the piety of hearts.”* {Qur’an 22:32}

| Some Merits of Reading the Qur’an  | Some Etiquettes of Reading the Qur’an (Taken from Imam an-Nawawi’s Al Tibyan fi Adab Hamalat al Qur’an) |
|--|---|
| The Prophet (PBUH) said, <i>“The best amongst you is the one who learns the Qur’an and teaches it.”</i> {Bukhari}  | Make Wudhu to be in a state of ritual purity.   |
| The Qur’an will intercede for its readers on the day of resurrection {Muslim}  | Wear clean clothes.   |
| Each letter read from the Qur’an is rewarded with a good deed, and each good deed is rewarded ten-fold {Tirmidhi}  | Begin with a sincere intention, seeking Allah’s (SWT) pleasure and not for worldly gain.                |
| Reading Qur’an is a form of remembrance of Allah (SWT), of which we are told: <i>“Verily, in the remembrance of Allah do hearts find rest!”</i> {Qur’an 13:28} | Sit calmly, avoiding unnecessary movement and face the qibla.   |



# Wisdom of Fasting

As one of Islam's five pillars, fasting in Ramadan was prescribed by Allah(SWT) as an obligatory act for all those who are able to. Fasting, however, is more than just a simple act of worship. It has a holistic influence on our physical and mental states, offering benefit for both.

***“Oh you who believe! Fasting is prescribed to you as it was prescribed to those before you, that you may learn piety and righteousness.”*** {Qur'an 2:183}

## **Fasting connects us to Allah (SWT)**

Abstaining from physical desires raises our state of taqwa - consciousness of Allah (SWT) - and allows us to re-focus on our spiritual state.

## **Fasting removes past sins.**

It is related in a hadith that Allah (SWT) said, *“Every (sinful) deed can be expiated; and the fast is for Me, so I will give the reward for it; and the smell which comes out of the mouth of a fasting person, is better in Allah's sight than the smell of musk.”*

{Bukhari}

## **During Ramadan Allah (SWT) showers us with His mercy**

The gates of Hellfire are closed and the gates of Paradise are opened. It cleanses your body from harmful impurities and revitalises your soul by teaching self-control and self-discipline.





# Ramadan Wishes



*At the start of the holy month of Ramadan, I wish to send you my personal good wishes, and those of Christians across the Diocese of Liverpool. We walk together as brothers and sisters in our desire to build better and stronger neighbourhoods and communities; as people of faith, we can all be inspired by the emphasis on prayer and charity throughout Ramadan. In the love and friendship which we share, may you be blessed in the journey you undertake.*

**The Rt Revd Paul Bayes**  
**Bishop of Liverpool**



*I would like to send my best wishes to all those across Merseyside who will be observing the holy month of Ramadan this year. My colleagues and I work with members of all the faith communities, and in the past year we have been delighted to accept invitations from the Abdullah Quilliam Society to join them for events in the community. As Ramadan begins, I hope that it will be a time of blessing and peace to you all.*

**Andy Cooke QPM**  
**Chief Constable of Merseyside**



# Visit My Mosque Day : 2018



Muslim Chaplain, Adam Kelwick, said *"Mosques are places of worship- Quilliam actually called his mosque the Church of Islam. Mosques are houses of God and as Muslims we believe we are all children of Adam so everyone is welcome at a mosque regardless of their gender, race, background or belief. Quilliam's mosque was also a sanctuary for the homeless and the poor and that is why we do a lot of work to support refugees and asylum seekers and run a foodbank and are planning a soup kitchen. We want to bridges not walls."*

## Visit My Mosque 2018 – PRESS RELEASE

### 200 Visitors flock to spectacular Victorian Bonanza hosted at England's First Mosque

On Sunday 18h February 2018, the Abdullah Quilliam Mosque and Heritage Centre opened hosted a Victorian themed open day for the general public as part of a national initiative called "Visit my mosque" where 100s of mosques across the country, including several in Liverpool, are opening their doors to people of all faiths and none.



SEE THE FULL ARTICLE: [www.abdullahquilliam.org/visit-mosque-2018-press-release](http://www.abdullahquilliam.org/visit-mosque-2018-press-release)

# Ramadan Timetable 2018 (1439)

| Date   | Ramadan Day Number | Ramadan Day | Fajr Start Imsak (fast) | Fajr Jammāt (Iqama) 10 min after Adhan | Sun-rise | Zhur Start | Zhur Jamaat | Asr Start | Asr Jamaat | Maghrib Fast Ends | Isha Starts | Isha Jammāt Taraweeh |
|--------|--------------------|-------------|-------------------------|--|----------|------------|-------------|-----------|------------|-------------------|-------------|----------------------|
| 16 / 5 | 1                  | Wednesday   | 3.15                    | 3.25                                   | 5.10     | 1.13       | 2.00        | 5.24      | 6.00       | 9.07              | 10.27       | 10.45                |
| 17 / 5 | 2 1                | Thursday    | 3.13                    | 3.23                                   | 5.08     | 1.13       | 2.00        | 5.25      | 6.00       | 9.08              | 10.28       | 10.45                |
| 18 / 5 | 3 2                | Friday      | 3.09                    | 3.19                                   | 5.07     | 1.15       | 2.00        | 5.26      | 6.00       | 9.10              | 10.30       | 10.45                |
| 19 / 5 | 4 3                | Saturday    | 3.07                    | 3.17                                   | 5.05     | 1.13       | 2.00        | 5.26      | 6.00       | 9.11              | 10.31       | 10.45                |
| 20 / 5 | 5 4                | Sunday      | 3.06                    | 3.16                                   | 5.04     | 1.14       | 2.00        | 5.27      | 6.00       | 9.13              | 10.33       | 10.45                |
| 21 / 5 | 6 5                | Monday      | 3.05                    | 3.15                                   | 5.03     | 1.14       | 2.00        | 5.28      | 6.00       | 9.14              | 10.34       | 10.45                |
| 22 / 5 | 7 6                | Tuesday     | 3.02                    | 3.12                                   | 5.01     | 1.14       | 2.00        | 5.28      | 6.00       | 9.16              | 10.36       | 10.45                |
| 23 / 5 | 8 7                | Wednesday   | 3.00                    | 3.10                                   | 5.00     | 1.14       | 2.00        | 5.29      | 6.00       | 9.17              | 10.37       | 10.45                |
| 24 / 5 | 9 8                | Thursday    | 2.59                    | 3.09                                   | 4.59     | 1.14       | 2.00        | 5.29      | 6.00       | 9.19              | 10.39       | 10.45                |
| 25 / 5 | 10 9               | Friday      | 2.57                    | 3.07                                   | 4.57     | 1.15       | 2.00        | 5.30      | 6.00       | 9.20              | 10.40       | 10.45                |
| 26 / 5 | 11 10              | Saturday    | 2.54                    | 3.04                                   | 4.56     | 1.14       | 2.00        | 5.30      | 6.00       | 9.22              | 10.42       | 11.00                |
| 27 / 5 | 12 11              | Sunday      | 2.53                    | 3.03                                   | 4.55     | 1.14       | 2.00        | 5.31      | 6.00       | 9.23              | 10.43       | 11.00                |
| 28 / 5 | 13 12              | Monday      | 2.52                    | 3.02                                   | 4.54     | 1.14       | 2.00        | 5.31      | 6.00       | 9.24              | 10.44       | 11.00                |
| 29 / 5 | 14 13              | Tuesday     | 2.51                    | 3.01                                   | 4.53     | 1.14       | 2.00        | 5.32      | 6.00       | 9.26              | 10.46       | 11.00                |
| 30 / 5 | 15 14              | Wednesday   | 2.49                    | 2.59                                   | 4.52     | 1.15       | 2.00        | 5.33      | 6.00       | 9.27              | 10.47       | 11.00                |
| 31 / 5 | 16 15              | Thursday    | 2.47                    | 2.57                                   | 4.51     | 1.15       | 2.00        | 5.33      | 6.00       | 9.28              | 10.48       | 11.00                |
| 1 / 6  | 17 16              | Friday      | 2.46                    | 2.56                                   | 4.50     | 1.15       | 2.00        | 5.34      | 6.00       | 9.29              | 10.49       | 11.00                |
| 2 / 6  | 18 17              | Saturday    | 2.45                    | 2.55                                   | 4.49     | 1.15       | 2.00        | 5.34      | 6.00       | 9.31              | 10.51       | 11.00                |
| 3 / 6  | 19 18              | Sunday      | 2.44                    | 2.54                                   | 4.48     | 1.15       | 2.00        | 5.35      | 6.00       | 9.32              | 10.52       | 11.00                |
| 4 / 6  | 20 19              | Monday      | 2.42                    | 2.52                                   | 4.47     | 1.15       | 2.00        | 5.35      | 6.00       | 9.33              | 10.53       | 11.00                |
| 5 / 6  | 21 20              | Tuesday     | 2.40                    | 2.50                                   | 4.47     | 1.16       | 2.00        | 5.35      | 6.00       | 9.34              | 10.54       | 11.10                |
| 6 / 6  | 22 21              | Wednesday   | 2.39                    | 2.49                                   | 4.46     | 1.16       | 2.00        | 5.36      | 6.00       | 9.35              | 10.55       | 11.10                |
| 7 / 6  | 23 22              | Thursday    | 2.38                    | 2.48                                   | 4.45     | 1.16       | 2.00        | 5.36      | 6.00       | 9.36              | 10.56       | 11.10                |
| 8 / 6  | 24 23              | Friday      | 2.38                    | 2.48                                   | 4.45     | 1.16       | 2.00        | 5.37      | 6.00       | 9.37              | 10.57       | 11.10                |
| 9 / 6  | 25 24              | Saturday    | 2.37                    | 2.47                                   | 4.44     | 1.16       | 2.00        | 5.37      | 6.00       | 9.37              | 10.57       | 11.10                |
| 10 / 6 | 26 25              | Sunday      | 2.36                    | 2.46                                   | 4.44     | 1.17       | 2.00        | 5.38      | 6.00       | 9.38              | 10.58       | 11.10                |
| 11 / 6 | 27 26              | Monday      | 2.36                    | 2.46                                   | 4.44     | 1.17       | 2.00        | 5.38      | 6.00       | 9.39              | 10.59       | 11.10                |
| 12 / 6 | 28 27              | Tuesday     | 2.35                    | 2.45                                   | 4.43     | 1.17       | 2.00        | 5.38      | 6.00       | 9.40              | 11.00       | 11.10                |
| 13 / 6 | 29 28              | Wednesday   | 2.34                    | 2.44                                   | 4.43     | 1.17       | 2.00        | 5.39      | 6.00       | 9.40              | 11.00       | 11.10                |
| 14 / 6 | 30 29              | Thursday    | 2.34                    | 2.44                                   | 4.43     | 1.17       | 2.00        | 5.39      | 6.00       | 9.41              | 11.01       | 11.10                |
| 15 / 6 | 30                 | Friday      | 2.32                    | 2.42                                   | 4.43     | 1.18       | 2.00        | 5.39      | 6.00       | 9.42              | 11.02       | 11.10                |

## EID Prayer Times

1st Jama'ah 7:30 am  
2nd Jama'ah 8:30 am  
3rd Jama'ah 9:30 am

## Zakatul Fitr

Please pay Zakatul Fitr early, so that it reaches the needy before Eidul Fitr at the minimum of £4.00 per person. This can be paid at the Mosque Reception.



# Daily activities during Ramadan

Use the daily checklist below to help motivate you throughout Ramadan

| Worship  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
|  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| Prayed my five daily Salaat                                    |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| Prayed Qiyam-ul-layl (Tahajjud)                                |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| Made morning Dhikr (Remembrance of Allaﷻ) after Salaat ul-Fajr |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| Prayed Tarawih   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| Prayed Nafl (optional) Salaat                                  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| Read and memorised at least 2 duas in this booklet             |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| Qur'an   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| Reading translation (Tilawat) & commentary (Tafseer)           |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| Reflection   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| Memorisation   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| Charity  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| Paid Zakat (if applicable)                                     |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| Paid Zakat ul-Fitr (for the month)                             |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| Paid Sadagah   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| Sunnah   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| Practise at least one Sunnah of the Prophet (PBUH)             |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| My Actions   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| Did some exercise & tried best to take care of my body         |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| Did something special for my parents                           |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| Made one person smile  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| Removed harm from the path of at least one person              |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| Reflected upon myself and my actions                           |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| Increased knowledge through reading or listening to a talk     |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| Read Surah Mulk before going to sleep                          |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |



# Ramadan: The Days of Mercy

The Prophet Muhammad (Peace be upon him) has made it easier for us to gain the full blessings of Ramadan by dividing the month into three parts of ten days each, with each part having its own special significance.

## THE FIRST 10 DAYS: DAYS OF MERCY

اللَّهُمَّ اغْفِرْ لِي وَارْحَمْنِي  
وَاجْبُرْنِي وَاهْدِنِي وَارْزُقْنِي

Allahummaghfir lee warhamnee wajburnee  
wahdinee warzuqnee.

"O Allah! Forgive me, have mercy on me, help  
me, guide me and sustain me."

{at-Tirmidhi al Tabarani}

لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ  
اللَّهُمَّ اسْتَغْفِرُكَ لِذَنْبِي وَأَسْأَلُكَ  
رَحْمَتَكَ اللَّهُمَّ زِدْنِي عِلْمًا وَلَا  
تُزِغْ قَلْبِي بَعْدَ إِذْ هَدَيْتَنِي  
وَهَبْ لِي مِنْ لَدُنْكَ رَحْمَةً إِنَّكَ  
أَنْتَ الْوَهَّابُ

Laa ilaaha illaa anta subhaanak. Allahumma  
astaghfiruka lee dhambee wa as-aluka rahmatatak.  
Allaahumma zidnee 'ilmaw-walaa tuzigh qalbee  
b'ada idh hadaytanee wahab leemilladunka  
rahmatan innaka antal-wahhaab.

"There is no God except you.

You are glorified. O Allah! I seek Your forgive-  
ness for my sins, I ask You for Your mercy. O  
Allah! increase me in knowledge and do not  
misguide my heart after having guided me. And  
grant me mercy from Your treasure. Verily you  
are the giver."

{Al-Hakim, Ibn Hibban and Abu Dawud}

## THE SECOND 10 DAYS: DAYS OF FORGIVENESS

اللَّهُمَّ إِنِّي أَسْأَلُكَ بِنِعْمَتِكَ السَّابِعَةِ الَّتِي  
أَنْعَمْتَ بِهَا عَلَيَّ وَبَلَاءِكَ الَّذِي ابْتَلَيْتَنِي  
وَبِفَضْلِكَ الَّذِي أَفْضَلْتَ عَلَيَّ أَنْ تُدْخِلَنِي الْجَنَّةَ  
اللَّهُمَّ أَدْخِلْنِي الْجَنَّةَ بِفَضْلِكَ وَمَنِّكَ وَرَحْمَتِكَ

Allahumma innee as-aluka bini'matika-assaabighati allatee an'amta  
bihaa 'alaiyya wa balaa-ikal-ladhee ibtalaitanee wa bifadlikal-ladhee  
afdalta 'alayya an tudkhilaniyal-jannah. Allahumma adkhilnee  
aljannata bifadlika wa mannika wa rahmatika.

"O Allah! I ask You by medium of Your abundant blessings that  
You have blessed me with and by medium of Your trials that You  
have tested me with and by medium of Your trials that You have  
favoured me with that You enter me in Paradise. O Allah! enter  
me into paradise with Your favour, boon and mercy."

{Al-Tabarani}

## THE LAST 10 DAYS: SALVATION FROM THE HELLFIRE

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْجَنَّةَ وَمَا قَرَّبَ إِلَيْهَا مِنْ قَوْلٍ أَوْ عَمَلٍ  
وَأَعُوذُ بِكَ مِنَ النَّارِ وَمَا قَرَّبَ إِلَيْهَا مِنْ قَوْلٍ أَوْ عَمَلٍ  
وَأَسْأَلُكَ أَنْ تَجْعَلَ كُلَّ قَضَاءٍ قَضَيْتَهُ لِي خَيْرًا

Allahumma innee as-aluka-aljannata wa na'emahaa wa bahjatahaa wa  
a'oodhu bika minan-naari wa maa qarraba ilayhaa min qawlin aw 'amal.  
Wa as-aluka an taj'ala kulla qadaa-in qadaitahoo lee khayraa.

"O Allah! I ask You for paradise and whatever words and actions may  
take me near it. I seek your protection from the fire and whatever  
words or actions that may take me near it. I beseech You to make  
Your decisions for me good."

{Ahmad Ibn Majah - similar wording in Al-Hakim and Al-Adab Al-Mufrad of Al-Bukhari}

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*Read Musab's full story on Page 25*



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TOP ELEVATION



TOP ELEVATION

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Please donate generously to receive the reward of those who perform wudu in this wonderful space.

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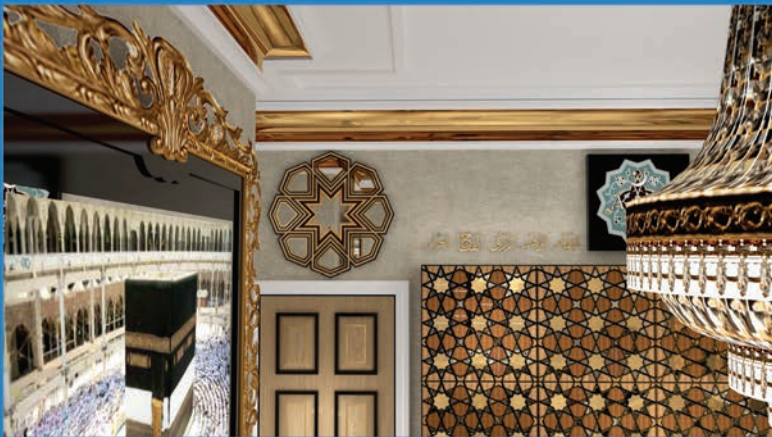


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# NEW PROPOSED DONORS WALL

Become a refounding member of England's First Mosque



PLEASE CONTACT BR.MUMIN FOR  
MORE DETAILS:

0151 260 3986



[www.abdullahquilliam.org/donors-wall](http://www.abdullahquilliam.org/donors-wall)

The Abdullah Quilliam Donors Wall is a permanent feature housed in the historic mosque which was established in 1887. Why not become part of its unique history? You can become a refounding member of England's First Mosque and help to preserve our Islamic Heritage in the United Kingdom. We are accepting donations of £1000 for which we will display your name(s) on an individual plaque or tile as donors to this exciting refurbishment project. The plaque will incorporate a Victorian design in keeping with the building and will be displayed on a donors wall situated in the Bedouin Room of the Abdullah Quilliam Mosque. In addition we will also display all the donors on our donors webpage alongside their portrait image for those who wish to do so. If you require any further information then please contact Br.Mumin on 0151 260 3986.



**BE A PART OF HISTORY!**

## PLEASE DONATE

### DIRECT



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# Spiritual Excellence in our working lives



*Farhad Ahmed*

**Farhad Ahmed** ■ Civil Servant & Secretary of the AQS

**In the name of Allah the Most Beneficent, the Most Merciful.**

**May Allah bestow peace and blessings on His beloved final Prophet.**

For those of us unfortunate enough to be working throughout most of Ramadan, it's worth pausing to think about how to make the most of the spiritual excellence of the Holy Month within our working lives.

From the beginning I would like to say these tips are written from a personal perspective as an employee working 9-5 within an office environment although I hope they will be generally applicable to other work settings. I appreciate they will be more easily implemented in some workplaces and job roles than others e.g. public sector. I counsel myself to follow them before advising anyone else.



**Q1. Why should I tell my employer that I'm fasting?**

**Answer: "Actions are judged by their intentions"**

The intention should be to raise awareness of Ramadan and by extension Islam amongst people who may know little about it. Their direct experience might at the very least challenge negative media stereotypes and misconceptions. There is no reason to feel shy about bringing the topic up at work given that Faith is protected characteristic under the Equality Act. In other words, an employer should ideally be making reasonable adjustments to accommodate your needs.



This helps set an example for successive years when hopefully future Muslim staff can reap the benefits.

**Q2. How should I open up the conversation?**

**Answer: "Fasting is enjoined upon you as it was on those before you in order that you may learn God consciousness"**

With Lent having just passed, there is a perfect opportunity to slip the topic of fasting into conversation in relation to Prophet Isa (may Allah be pleased with him) and draw a parallel between the Abrahamic faiths. Then you can provide the Islamic points of departure. Who you talk to first will vary according to your workplace and your relationship with colleagues, but speaking to your line manager is your obvious first port of call. Alternatively you could contact HR or if you don't feel confident a diversity representative at work or even trade union.

**Q3. What if by alerting my employer, I draw unwanted attention to my productivity and working pattern?**

**Answer: Hardship should be alleviated. By having an open conversation with your employer, together you can plan your workload and working pattern and, in the process, secure dispensations or solutions which make work a little easier during Ramadan.**

Examples of this might be: starting work a little later; reducing travel between sites or withdrawing somewhat from customer facing tasks to admin/back office work.

**Q4. What if my colleagues think I'm getting preferential treatment and this changes the atmosphere?**

**Answer: the whole world needs Ramadan It is well worth engaging with your colleagues and not just management over Ramadan.**

Try to organise a seminar at your workplace or say 10 mins during a team meeting about it. If you feel unsure about presenting yourself - you could even invite a guest speaker e.g. one of the Imams. There are plenty of resources available online to help you.

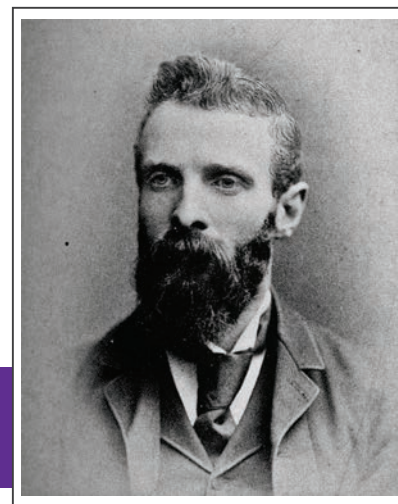
Ramadan is the month of charity so why not share the Ramadan spirit with colleagues. Bringing in exotic food always goes down well particularly if they are specific to Ramadan in your culture. You can invite them to the Big Iftar at AQS which is open to the public. You could do a food collection for a foodbank or collect for a charitable cause during the month to help illustrate that Ramadan helps Muslims remember the poor. Some brave individuals may even want to experience fasting for a day or half a day like the Liverpool Councillor Alan Dean!



Finally, there's no doubt that concentration on worldly matters risks becoming a distraction from Ramadan. In truth, if one is able to take holidays during Ramadan one certainly should. However, Islam is a practical religion that enables us to live in the world so if you are going to work there's no reason why you can't make the most of your time. For instance, make extra effort to pray Fard Zuhr in your "lunch" time; read some Quran or perform some Zikr. Finally, as Ramadan is a month of spiritual excellence, so you should bring your best to your work and be as productive as you can because, done with correct intention, work can be a form of worship also. Most of all use it as an opportunity to cultivate your manners and etiquette with others in the spirit of "neighbourliness" and everyone at work will receive a small portion of the benefit of Ramadan through you.

# Who was Abdullah Quilliam?

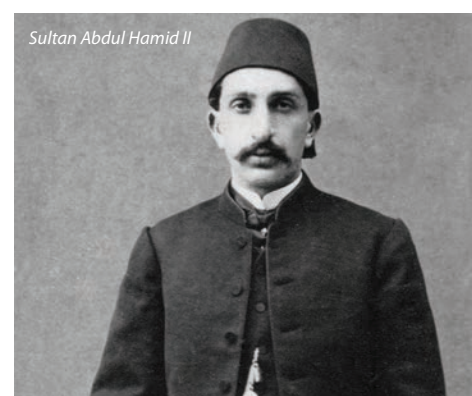
William Quilliam – Victorian Gentleman – Photo from the Liverpool Records Office



William Henry Quilliam, a local Liverpool solicitor and resident embraced Islam in 1887 (aged 31), after returning from a visit to Morocco, and took on the name Abdullah. He claimed that he was the first native Englishman to embrace Islam. His conversion led to a remarkable story of the growth of Islam in Victorian Britain. This history is now beginning to emerge and has important lessons for Muslims in Britain and around the world.

After embracing Islam, Quilliam began a campaign of Dawah, which in the circumstances of Victorian England, has to be described as the most effective in the UK to date.

He became an Alim, an Imam and the most passionate advocate of Islam in the Western world. In 1894 Sultan Abdul Hamid II, the last Ottoman Caliph, appointed him Sheikh-ul-Islam of the British Isles.



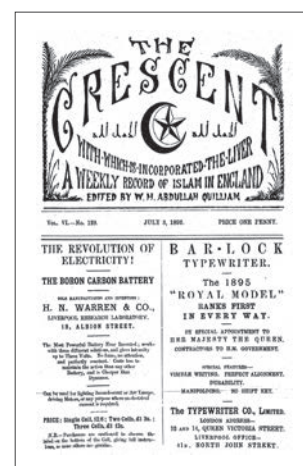
The Emir of Afghanistan recognised him as the Sheikh of Muslims in Britain. He was also appointed as the Persian Vice Counsel to Liverpool by the Shah. He became a prominent spokesman for Islam in the media and was recognised by Muslims around the world. He is the only Muslim in Britain to have officially held the position of Sheikh-ul-Islam of Britain. He issued many Fatwas in his capacity as appointed Leader of Muslims in Britain. These fatwas are relevant even today.



He established the Mosque and Liverpool Muslim Institute at No. 8 Brougham Terrace and later purchased the remainder of the terrace, and opened a boarding school for boys and a day school for girls. He also opened an orphanage (Medina House) for non-Muslim children whose parents could not look after them, and agreed to for them to be raised in the values of Islam.

In 1893 the Institute published a weekly magazine: 'The Crescent', and later added the monthly 'Islamic World', which was printed on the Institute's own press and distributed to over 20 countries. The Crescent was published every week from 1893-1908 (nearly 800 editions), and was effectively a dairy and record of Islam in Britain and around the world. There are hundreds of archive copies of these magazines in the British Library. Without this unique weekly record we would not know of the existence of this native Muslim community of around 200 people in Liverpool, and many other parts of Britain. These offer the first attempt at Muslim journalism in the UK and offer a unique insight into a British Muslims view of events and issues in Liverpool, the UK and the Muslim world, at a crucial period of Muslims living under colonial rule.

He wrote and published a number of books. In particular his "Faith of Islam" had three editions translated into thirteen different languages, and was so popular that Queen Victoria ordered a copy and re-ordered copies for her children. The Institute grew, and at the turn of the century held a membership of 200 predominantly English Muslim men, women and children from across the local community. Quilliam's dawah led to around 600 people in the UK embracing Islam, many of them very educated and prominent individuals in British Society, as well as ordinary men and women. His efforts also led to the first Japanese man embracing Islam.



Quilliam eventually had to leave England after facing persecution, the first Muslim experience of "Islamophobia" in the UK. He returned to the UK and adopted the name Haroun Mustapha Leon, and passed away in 1932 near Woking, and was buried in Brookfield Cemetery where Abdullah Yusuf Ali, Marmaduke Pickthall and Lord Headly are also buried.

You can find more information about Abdullah Quilliam on our website:

[www.abdullahquilliam.org/about-abdullah-quilliam](http://www.abdullahquilliam.org/about-abdullah-quilliam)



# About the Abdullah Quilliam Society



*The historic mosque founded by Abdullah Quilliam was re-opened after 120 years of closure in June 2014*

The Abdullah Quilliam Society (AQS) is a UK registered charity founded in 1998 by a small group of Liverpool Muslims, including Dr. Muhammad Akbar Ali, Galib Khan, Zia Choudri, Mrs. Abassi, Somaya and Rashid Macteer. They became aware of a unique heritage of Islam in Victorian Britain, in the city of Liverpool. This history was located in the Liverpool City Council registry office for births, deaths and marriages. This building was once the site of the historic first UK Mosque, Muslim community Institutions and Dawah activities of Sheikh Abdullah Quilliam from 1889-1908. Staff at the registry office would often refer to the room where all the files of births, deaths and marriages were stored as "the little Mosque" without realising the significance or history behind it. So by an amazing coincidence of history, almost every Liverpool resident for a decade has visited this historic building and many have had their marriage ceremony performed in it.



The late Dr. Muhammad Akbar Ali MBE - AQS Founder

The AQS first objective was to obtain possession of the building and restore it back to the original historic mosque. In the year 2000 Liverpool City Council vacated the property and handed it to the AQS and Muslim community to look after and develop. It was handed over in poor condition and in need of renovation. Once the AQS has funds to renovate the building, Liverpool Council will transfer ownership to the Society. day.



What can I do to help?

Ways of how to donate on Pg 35

"Whoever builds a mosque for Allah, Allah will build for him likewise in Paradise" (Sahih Al-Bukhari)

Over the years AQS has given numerous talks on this important history and hosted many visitors and media. The Society has now completely renovated the roof, which was decaying and leaking. The Mosque and remainder of the building still need renovation. The Society has kept this unique history alive through many talks, visits and media interviews. It has also encouraged people to further research this heritage. Last year, a new book was published, "Islam in Victorian Britain: The Life and Times of Abdullah Quilliam" by Professor Ron Geaves. This book gives a unique insight into the building, the life of Sheikh Quilliam and the first established Muslim Community in Britain.

The Society has exciting plans to renovate the building and re-create the first Institutions of Islam in Britain. It also has exciting plans to further research, exhibit and bring to life the stories of the 600 first native Britons to embrace Islam. Our plans to recreate this building and history are important to Muslims in Europe, America, Japan, and the Muslim world.

The Abdullah Quilliam Mosque was re-opened in June 2014 with the help of Muslim brothers and sisters in UK. Regular congregational daily and Jumah prayers are held in the mosque and the Brougham Terraces is now fully functional as originally started by Abdullah Quilliam in 1889. The madrassah and dawah services are continuing on a limited scale due to shortage of teaching spaces available in the buildings. Muslim and non-Muslim visitors come on a regular basis to visit this historic site. They are currently being shown work in progress. The limited space refurbished is inadequate to serve the number of worshippers, students and visitors. Therefore expanding the usable area in this building is our priority now.

AQS first objective was to obtain possession of the building and restore it back to the original historic mosque. In the year 2000 Liverpool City Council vacated the property and handed it to the AQS and Muslim community to look after and develop. It was handed over in poor condition and in need of renovation. Once the AQS has funds to renovate the building, Liverpool Council will transfer ownership to the Society.

For more information about the society please visit our website:

[www.abdullahquilliam.org/about-abdullah-quilliam-society](http://www.abdullahquilliam.org/about-abdullah-quilliam-society)



# AQS Charity Work



## Continuing the legacy of Abdullah Quilliam

Charity is an essential part of Islam. Sheikh Abdullah Quilliam was remarkable not only for his generosity but also his broad and indiscriminate approach. Largely at his own expense, he sustained the running of the mosque, orphanage, sacred and secular education for children and adults, provision of food to the needy, women's legal aid, campaigning for international humanitarian causes and Dawah among other activities. In this way he was truly following the Prophet's (peace be upon him) example, whose generosity in Ramadan was likened to a fast wind which brings rain and benefit to all.



AQS has attempted to follow in Sheikh Abdullah Quilliam's footsteps by delivering the following services:

- Educational projects: Arabic classes for children and women's education
- Food provision: foodbank collection in partnership with Liverpool and Everton supporters groups; daily iftar and suhoor throughout Ramadan for local refugees and asylum seekers; and Big Iftar for non Muslims
- Zakat ul Fitr distribution to refugees and asylum seekers and the needy across the Muslim world
- Collections for international humanitarian appeals throughout the year

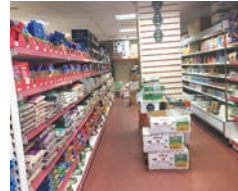
FOR MORE ABOUT OUR CHARITY WORK: [www.abdullahquilliam.org/charity](http://www.abdullahquilliam.org/charity)



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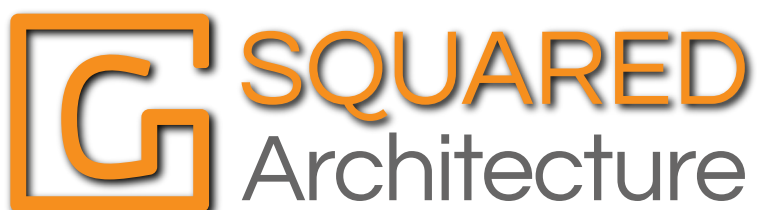
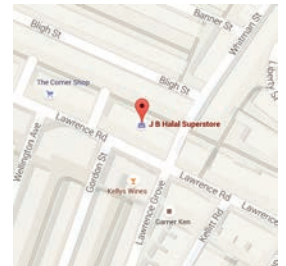
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G Squared architecture was founded by Galib Khan and Dai Gwynne who have worked together for almost 25 years at Comtechsa for the voluntary and community sector in and around Liverpool. G squared Architecture will continue to work with the voluntary sector and also with private and commercial clients.

# RAMADAN PROGRAMME

ENJOY RAMADAN AT ENGLAND'S FIRST MOSQUE

## Daily Programmes:

### After every Zuhr:

- Quran and Tajweed classes lead by Imam Waddah Saleh, Imam of England's First Mosque.
- Tafsirul Quran & Hadith by Sheikh Sadek Kassim

### Taraweeh:

Lead by Sheikh Sadek Kassim

### First 10 days Halaqah:

By Sheikh Haroon Hanif - Khateeb of England's First Mosque

### Charity in Ramadan

A lecture by Ustadh Adam Kelwick, Chaplain & International Charity Fundraiser.

*Date to be confirmed*

### The Role of Women in Islam

By Sister Lauren Booth, Journalist & Author

*Date to be confirmed*

### Sheikh Abdullah Quilliam, a Great Muslim Role Model

Sheikh Yahya Birt, Author & Researcher - Saturday 2nd June at 6pm

### 1,000 Years of British Islam

Dr Muhammad Siddiq Seddon, Author & Trustee of Abdullah Quilliam Society

*Date to be confirmed*

### The Fiqh of Ramadan

Ustadha Nagheba Hayel

*Date to be confirmed*

PLEASE CHECK OUR WEBSITE & FACEBOOK PAGES FOR DATES AND TIMES FOR SPECIFIC PROGRAMMES AND LECTURES

SHARE THIS RAMADAN WITH NON MUSLIM FRIENDS AND NEIGHBOURS & BRING THEM TO ENGLAND'S FIRST MOSQUE TO BREAK YOUR FAST WITH THEM

### Taste of Ramadan

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**2<sup>nd</sup> Jamaat:** 8.30 am, lead by Sheikh Haroon Hanif

**3<sup>rd</sup> Jamaat:** 9.30 am, lead by Imam Waddah Saleh



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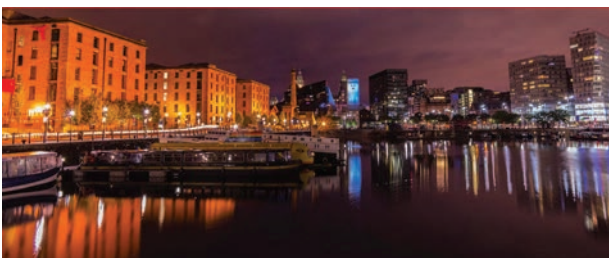


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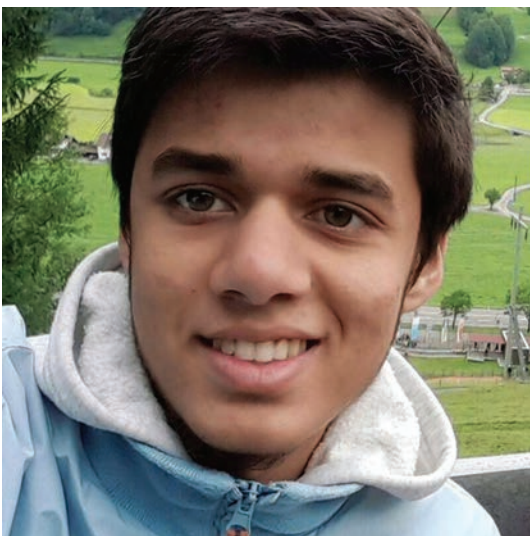
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## Student accommodation at the historic mosque



**Musab from Saudi Arabia**  
**Studying Engineering at Liverpool Uni**

**Accommodation details on Page 14**

My name is Musab Bangee and I am a student at the university of Liverpool studying mechanical engineering, this is my first year at the university and in Liverpool. I am staying in the accommodation above the Abdullah Quilliam mosque. Before seeing the accommodation my expectations had been quite low but when I actually came here and saw the accommodation I was very impressed as the accommodation is new and the construction of it was finished approximately a year ago. The room sizes are good with a bed, cupboard, drawers, study table and the thing that I love the most about my room is the view from the window. The kitchen is big and well equipped with 2 stoves, 2 microwaves, 2 ovens, 2 sinks, 4 fridge freezers and 2 washing machines. There is also a lounge with a big TV to spend time with friends. The bathroom is shared with one other person but the people who stay here are very friendly. The kitchens and bathrooms are cleaned once a week by the cleaners. The walk to university is between a 10-20 minute walk depending on which side of the university one goes to, it is also approximately 15-20mins walk to John Moores university. There is a bus stop just outside the Abdullah Quilliam mosque which goes close to the universities and directly to city centre. There are quite a few halal restaurant, butchers, and minimarkets within a 20 minute walk. Of course the best thing about this accommodation is having the masjid just 2 flights down the stairs, that is what I love about it the most, it makes praying Salah in congregation extremely convenient.

Overall the accommodation provides more than the price that we pay for it (all water, electricity and WiFi bills are included) which is why I will be staying here again next year In shaa Allah.



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## CEO of The Abdullah Quilliam Society, Mumin Khan, tells AboutIslam of re-establishing a British Muslim contribution and heritage lost for 130 years.

Interview by Lauren Booth - Journalist & Broadcaster



William Henry Quilliam, a Liverpool solicitor and resident embraced Islam in 1887 (aged 31), taking the name Abdullah. His community work for the poor and his ability to communicate Islam to a western audience earned him the title: Shaykhul Islam of the British Isles.

In 2014, The Abdullah Quilliam Society, Brougham Terrace, reopened the original site of the mosque and orphanage. In March 2018 the Department for Digital, Culture, Media and Sport upgraded 8 Brougham Terrace to Grade II\*, reserved for "particularly important buildings of more than special interest" thanks to the renovation work.

### Mumin Khan ■ CEO of The Abdullah Quilliam Society talks to AboutIslam

**1. AboutIslam: In 2002, you entered the mosque for the first time. Describe how that felt**

**Mumin Khan:** *The first day we went in it was cold and like it was haunted, empty. Inside the masjid was dark and bleak. It had been used as a records office so there were shelves where marriage and birth certificates had been kept. The rest of the building was partitioned off as office space.*

**2. AboutIslam: How did the once beautiful and functional Islamic center fall into disrepair?**

**Mumin Khan:** *When the building was vacated in 1999, the council left it empty. Thieves stole the lead guttering, pipes and old roof slates. The torrential rain in 2005 got inside. Humidity grew and everything bubbled up.*

**3. AboutIslam: What is the significance of the Abdullah Quilliam Society?**

**Mumin Khan:** *This is the birthplace of Islam in England. Preserving this heritage in the 21st century is an honor both in the religious and the humanitarian context. Shaykh Abdullah Quilliam was really serving humanity at that time. Probably the very first person to introduce legal aid to the UK. There were a lot of illegitimate children in those days. He would chase the paternity order from the fathers so the mothers could receive upkeep for the children. And he wouldn't charge a penny for that. He was God's servant any way you look at it. To preserve this history, as a Muslim, is a very important thing.*

**4. AboutIslam: How much has been invested so far and how much more is required?**

**Mumin Khan:** *1.4 million pounds has been spent on the building because of the heritage it has. It has a Grade II listing, therefore everything you touch costs money. The heavy Victorian cornices are very ornamental and decorative. These cost around £4,000 per room. Equally the plaster is not the ordinary plaster. It is lime plaster mixed with horse hair which takes 3 coats per room. The material used to revive the original character of the building is expensive.*

**5. AboutIslam: What is your long-term vision and who will benefit from the return of the first mosque in England?**

**Mumin Khan:** *To complete the renovation (across all floors) will cost around £700,000 and this will bring it to absolute glory. We will have a library focusing on the work of Abdullah Quilliam who wrote hundreds of books digitized by the British library. The other two rooms will be a heritage museum, where we will feature artefacts related to Abdullah Quilliam. He used to have an organ in the masjid, he had a printing press for all his materials and we will replicate those. On the other side there will be a pictorial history of Islam especially for school visits. We have a lot of requests from schools sometimes we have to say no for health and safety reasons.*

**6. AboutIslam: The property now has a functioning masjid, student accommodation upstairs and small wudhu area. It also has two kitchens. Any plans for those?**

**Mumin Khan:** *We have two Victorian kitchens which are half destroyed. With one, we want to replicate how the Victorian kitchen was in 1800's. We want children to see how the Victorians lived and cooked, it's a great learning tool. We are dedicated to preserving heritage and history for Muslim and British indigenous people in general. In the basement we are creating a commercial kitchen and there will be a cafeteria on the ground floor.*

**7. AboutIslam: In 2017 a Liverpool MP told Parliament almost 40% of children in his constituency are growing up in poverty. Will this center help local people?**

**Mumin Khan:** *It's a shame to say but in an advanced country like Britain we have people who do not have daily food on their plate. Every day Abdullah Quilliam fed very poor local people and 500 children who were being educated there. We are going to feed the homeless and poor every week from the commercial kitchen. The masjid will provide food following the path of the Prophet (SAWS).*

**8. AboutIslam: Seems your organization has a long-term vision beyond bricks and mortar.**

**Mumin Khan:** *Liverpool communities have health issues related to stress, poverty and loneliness. We want to develop the attached building on Brougham Terrace into a health, well-being and woman's center. On the two floors above there will be hotel apartments (without alcohol) to generate income for the masjid.*

**9. AboutIslam: Sounds impressive. Anything else?**

**Mumin Khan:** *If we can own the land opposite, we will establish a GP referral center and open a chemist. At the same time we are looking at creating a Middle Eastern souq [market] and shopping center. So the area becomes an 'Abdullah Quilliam Quarter'. Visitors would have a mosque, a well-being center, a place to stay, to live, to eat and medical facilities.*

**10. AboutIslam: Do you have a message for Muslims around the world about this opportunity to revive a piece of our history?**

**Mumin Khan:** *Abdullah Quilliam Society is looking for business partners and investors for the next stage. Please come and see England's first mosque. Allah SWT has given us the will to do good work come and join this masjid and make it a beacon of light in Great Britain.*







# The surprising connection between Quilliam, the Reds and the Blues

**Yahya Birt**



Doctoral candidate at Leeds University in Theology & Religious Studies specialising in British Islam

**Mo Salah's extraordinary goal-laden season with Liverpool has had the fans on the Kop chanting "Mo Salah-la la la la la. If he's good enough for you, he's good enough for me. If he scores another few then I'll be a Muslim too. If he's good enough for you, he's good enough for me. Sitting in a mosque, that's where I wanna be."**

But did you know that there's another historic connection between Islam and football in Liverpool? Abdullah Quilliam, the founder of Britain's first mosque in Liverpool, was an old friend of John Houlding (1833-1902), the Lord Mayor of the city, who is best remembered today as a founding father of Liverpool's two premier football clubs. From 1882-92, Houlding presided over Everton FC, winning the League Championship in 1890-1, and in 1892 he founded Liverpool FC, with the club winning its first championship under his chairmanship in 1900-1.

Quilliam and Houlding's friendship went back to the 1870s before Quilliam converted to Islam. In some ways they were chalk and cheese: Houlding was a successful businessman who owned a brewery and ten public houses, while Quilliam was from a young age famed as one of the city's most prominent Temperance campaigners against "the demon drink". Yet they shared a common concern for helping the poor: Houlding like Quilliam was a pioneer in providing annual dinners for the poor, and they worked together on social, legal and political causes for many years.

In the early 1880s, Quilliam was involved with Houlding in Tory party activism in Liverpool, which in those days took up some progressive policies to appeal to working-class men who had recently been

given the right to vote. Quilliam stood unsuccessfully for the Tory candidacy for the Pitt-Street Ward in 1882. By 1884, his active period with the Tories had fizzled out: falling ill, his doctor ordered rest and travel, and, as is well-known, Morocco and his first exposure to Islam awaited him. In that same year, Houlding won the Everton and Kirkdale Ward for the Conservatives, eventually rising to become Lord Mayor in 1897.

Houlding and Quilliam were also institutional neighbours of sorts. For three decades, Houlding was involved with the West Derby Union, which, under the Poor Act, built and ran workhouses, hospitals and other amenities for the poor in the east of the city, including the famous Alder Hey Hospital, and he served twice as its chairman. The offices of the West Derby Union occupied "the centre" of Brougham Terrace and later expanded to take up its south-western end (nos. 1-7), and they then demolished these houses to build the purpose-built offices between 1900-2 that still stand today. At the same time, the Liverpool Muslim Institute moved to 8 Brougham Terrace in December 1889 and expanded in the 1890s to encompass the north-eastern end of the terrace (nos. 8-12), of which only 8-10 survive today. Given the hostility that the Liverpool Muslims faced at the time, it must have been of some comfort to have friendly neighbours.

In 1889, Houlding became the first president of the Mersey Quay and Railway Carters' Union, a significant regional road haulage union that at its peak was the fourth largest transport union in the country. Houlding must have recommended Quilliam, who had built a highly-successful legal practice, to the carters union, as he became its legal advisor in 1890, going on to represent the union and its members for 18 years in matters like

arbitration with the transport firms, personal injury or unfair dismissal claims and the like. When Houlding stood down as the union's president in 1897 to become Lord Mayor, Quilliam was elected in his place, and served the carters as their second president until 1908.

In 1896, when Houlding went on a tour of the East, Quilliam, in his capacity as Sheikh al-Islam of the British Isles, arranged an official introduction to the Ottoman court and the sultan-caliph Abdulhamid II (r.1876-1909) awarded Houlding the Order of the Imtiaz. In 1898, Houlding accepted Quilliam's invitation to preside over the Eid al-Fitr celebrations at the Liverpool Muslim Institute. This was historic as it was the first visit by a city's most senior official to a mosque in Britain, and it marks an important milestone in the history of British Islam. And Liverpool FC's founder also spelt out at the Brougham Terrace Eid celebrations that he regarded it as his civic duty to visit all religious denominations in Liverpool, including the mosque.

**Yahya Birt teaches at the University of Leeds and is doing a PhD on the history of Muslim political activism in post-war Britain.**



*Abdullah Quilliam*

# Taraweeh Programme

Taraweeh 12 rakats, Qiyam al layl 8 rakats and Shaf' and Witr 3 rakats.

| Nights                         | Juz'                                       | Surah                          | Verse                               | Page No |
|--------------------------------|--|--------------------------------|-------------------------------------|---------|
| 1 <sup>s</sup> (Ramadan's Eve) | First Juz'                                 | Al-Fatihah and<br>Al-Baqarah   | 1-141                               | 1-21    |
| 2 <sup>nd</sup> night          | 2 <sup>nd</sup> Juz'                       | Al-Baqarah                     | 142-252                             | 22- 41  |
| 3 <sup>rd</sup> night          | 3 <sup>rd</sup> Juz'                       | Al-Baqarah and<br>Al'Imran     | 253 Al-Baqarah -<br>92 Al'Imran     | 42- 62  |
| 4 <sup>th</sup> night          | 4 <sup>th</sup> Juz'                       | Al'Imran and<br>Al-Nisaa'      | 93 Al'Imran -<br>24 Al-Nisaa'       | 62-82   |
| 5 <sup>th</sup> night          | 5 <sup>th</sup> Juz'                       | Al-Nisaa'                      | 25-147                              | 82-101  |
| 6 <sup>th</sup> night          | 6 <sup>th</sup> Juz'                       | Al-Nisaa' and<br>Al-Ma'ida     | 148 Al-Nisaa' -<br>81 Al-Ma'ida     | 102-121 |
| 7 <sup>th</sup> night          | 7 <sup>th</sup> Juz'                       | Al- Ma'ida and<br>Al-An'am     | 82 Al-Ma'ida -<br>110 Al-An'am      | 121-141 |
| 8 <sup>th</sup> night          | 8 <sup>th</sup> Juz'                       | Al-An'am and<br>Al-A'raf       | 111 Al-An'am -<br>84 Al-A'raf       | 142-161 |
| 9 <sup>th</sup> night          | 9 <sup>th</sup> Juz'                       | Al-A'raf and<br>Al-nfal        | 85 Al-A'raf –<br>40 Al-Anfal        | 161-181 |
| 10 <sup>th</sup> night         | 10 <sup>th</sup> Juz'                      | Al-Anfal and<br>At-Tawbah      | 41 Al-Anfal –<br>89 At-Tawbah       | 182-201 |
| 11 <sup>th</sup> night         | 11 <sup>th</sup> Juz'                      | At-Tawbah and<br>Yunus         | 90 At- Tawbah –<br>all Yunus        | 201-221 |
| 12 <sup>th</sup> night         | 12 <sup>th</sup> Juz'                      | Hud and Yusuf                  | 1 Hud –<br>57 Yusuf                 | 221-242 |
| 13 <sup>th</sup> night         | 13 <sup>th</sup> Juz'                      | Yusuf, Ar-Ra'd and<br>Ibraheem | 58 Yusuf –<br>last verse Ibraheem   | 242-261 |
| 14 <sup>th</sup> night         | 14 <sup>th</sup> Juz'                      | Al-Hijr and<br>An-Nahal        | 1 Al- Hijr –<br>last Verse An-Nahal | 262-281 |
| 15 <sup>th</sup> night         | 15 <sup>th</sup> and 16 <sup>th</sup> Juz' | Al- Isra' and<br>Al-Kahf       | 1 Maryam –<br>50 Al-Anbiya'         | 305-326 |



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# Taraweeh Programme

Taraweeh 12 rakats, Qiyam al layl 8 rakats and Shaf' and Witr 3 rakats.

| Nights                 | Juz'                                       | Surah   | Verse                                      | Page No |
|------------------------|--|---|--|---------|
| 16 <sup>th</sup> night | 16 <sup>th</sup> and 17 <sup>th</sup> Juz' | Maryam, Taha and Al-Anbiya'                       | 1 Maryam –<br>50 Al- Anbiya'               | 305-326 |
| 17 <sup>th</sup> night | 17 <sup>th</sup> and 18 <sup>th</sup> Juz' | Al-Anbiya', Al-Hajj and Al-Mu'minin               | 51 Al- Anbiya' -<br>Last verse Al-Mu'minin | 326-349 |
| 18 <sup>th</sup> night | 18 <sup>th</sup> and 19 <sup>th</sup> Juz' | An-Nur, Al-Furqan and Ash-Shu'ara                 | 1 An- Nur – 104 Ash -<br>Shu'ara           | 350-371 |
| 19 <sup>th</sup> night | 19 <sup>th</sup> and 20 <sup>th</sup> Juz' | Ash-Shu'ara, An-Naml and Al-Qasas                 | 105 Ash-Shu'ara –<br>last verse Al-Qasas   | 371-396 |
| 20 <sup>th</sup> night | 20 <sup>th</sup> and 21 <sup>st</sup> Juz' | Al- Ankabut, Ar-Rum, Luqman and As-Sajdah         | 1 Al- Ankabut –<br>last verse As- Sajdah   | 396-417 |
| 21 <sup>st</sup> night | 22 <sup>nd</sup> Juz'                      | Al-Ahzab, Saba' and Fatir                         | 1 Al-Ahzab –<br>last verse Fatir           | 418-440 |
| 22 <sup>nd</sup> night | 23 <sup>rd</sup> Juz'                      | Yaseen, As-Saffat, Saad and Az-Zumar              | 1 Yaseen –<br>31 Az-Zumar                  | 440-462 |
| 23 <sup>rd</sup> night | 24 <sup>th</sup> Juz'                      | Az-Zumar, Ghafir, Fussilat                        | 32 Az-Zumar –<br>last verse Fussilat       | 462-482 |
| 24 <sup>th</sup> night | 25 <sup>th</sup> Juz'                      | Ash-Shura, Az-Zukhruf, Ad-Dukhan and Al- Jathiyah | 1 Ash-Shura –<br>last verse Al-Jathiyah    | 483-502 |
| 25 <sup>th</sup> night | 26 <sup>th</sup> Juz'                      | Al- Ahqaf, Muhammad, Al- Fath, Al-Hujurat and Qaf | 1 Al-Ahqaf –<br>last verse of Qaf          | 502-520 |
| 26 <sup>th</sup> night | 27 <sup>th</sup> Juz'                      | Ad- Dhariyat – Al- Hadeed                         | 1 Ad-Dhariyat –<br>last verse Al-Hadeed    | 520-541 |
| 27 <sup>th</sup> night | 28 <sup>th</sup> Juz'                      | Al-Mujadilah – At-Tahreem                         | 1 Al-Mujadilah –<br>last verse At Tahreem  | 542-561 |
| 28 <sup>th</sup> night | 29 <sup>th</sup> Juz'                      | Al-Mulk – Al-Mursalat                             | 1 Al-Mulk –<br>last verse Al-Mursalat      | 562-581 |
| 29 <sup>th</sup> night | 30 <sup>th</sup> Juz'                      | An-Naba – An-Nas                                  | 1 An-Naba –<br>Last verse An-Nas           | Khatima |





# Ramadan – Time to feel, see, hear and become conscious

**Ajmal Masroor** ■ AQS Trustee, Author & Journalist

وَلَقَدْ ذَرَأْنَا لِجَهَنَّمَ كَثِيرًا مِّنَ الْجِنِّ وَالإِنسِ هُمْ  
قُلُوبٌ لَا يَفْقَهُونَ بِهَا وَهُمْ أَعْيُنٌ لَا يُبْصِرُونَ بِهَا وَهُمْ أَعَانٌ  
لَّا يَسْمَعُونَ بِهَا أُولَئِكَ كَالْأَنْعَامِ بَلْ هُمْ أَضَلُّ أُولَئِكَ هُمُ  
الْغَافِلُونَ ﴿١٧٩﴾

*"And most certainly have We destined for hell many of the invisible beings and men who have hearts with which they fail to grasp the truth, and eyes with which they fail to see, and ears with which they fail to hear. They are like cattle -nay, they are even less conscious of the right way: it is they, they who are the [truly] heedless!"*  
(A'raf 7:179)

The essential meaning of this verse guides us to the context of fasting in the month of Ramadan, when we are all desperately seeking closeness with Allah and earnestly striving hard to attain Taqwa – a perpetual state of mindfulness of Allah's omnipresence and omniscience. This state of being cannot be attained unless we:

- Take full control of our heart and all its emotions thus become heart smart and emotionally intelligent
- Train our eyes to only see all that which is beneficial
- Only listen to things that which is healthy for our heart and mind
- Guard our tongue from uttering words that contain vulgarity, obscenity, lewdness and abuse.

In this verse God allegorically equates humans with animals but then condemns people as being worse than animals. The verse is not saying animals are intrinsically bad but they are simply incapable of knowing good and bad, unable to use independent judgment and in that pursuit less intelligent than humans. When human beings fail to take control or even recognize the power of their

emotions, sight, hearing and language they reduce themselves to a lesser state.

Human beings are capable of ignoring what they feel, see or hear. They can become desensitized to the evil around them. They can be conditioned to accepting shamelessness as normal. They can simply pretend not to feel the pain of their own sins. They can turn a blind eye to inequalities and injustices all around them. Ramadan is the perfect time to get our senses awakened and take control of them. We need to raise our standards and become true human beings as opposed to just live like another animal on this earth.

Our heart is the epicenter of perception. Our heart is the niche that contains the spark of life. Our heart is the seat of perceiving emotions. When the blood vessels of our heart are clogged up we know we are seriously ill. We know we are running on borrowed time. Anytime we could experience a heart attack and the consequence could be



devastating at the least and fatal at worse. None of us with sanity would ignore the symptoms of a sick heart.

Yet, people simply ignore the signs of spiritual and emotional sickness of the heart. When the heart is emotionally and spiritually ill it is unable to perceive the truth even when it is glaringly obvious. It fails to recognize evil when evil is racking havoc; shamelessness is destroying the moral fabric of society; or rebellion against God which is turning society upside down. Each sin generates a dot or stain in the heart's clear screen. Sins upon sins stains the entire screen of our heart to the extent that the light of God fails to emanate from inside to enlighten the inner and outer self and we fail to perceive right and wrong adequately.

Ramadan offers an intensive boot camp for taking total control of our lives. This month refraining from eating, drinking and sex at the most basic level will help you regain control of your basic instincts, and restraining our eyes from seeing evil, our ears from hearing evil and our tongue from talking evil is one of the most brilliant tool for becoming heart smart. The ultimate goal is to become unconsciously competent in becoming conscious of Allah; in other words, your mind, heart, eyes, ears and tongue are consciously and subconsciously mindful that Allah is all seeing and all hearing – He is aware of all things.

*Continued over next page...*

# Ramadan – Time to feel, see, hear and become conscious

*Continued from previous page...*

When we overeat, we deaden our heart. Consequently, it becomes sluggish and weighed down by the fat deposits around the arteries. The valves become fat and too lazy to respond. Eating is essential but overeating is suicidal. Ramadan is about taking control of our eating habits. What we eat, when we eat and how we eat is all part of this great way of living called being in control of our senses.

We feel the pain of over eating yet we over indulge in food that harms; we hear of people dying because of clogged up arteries, diabetes, cholesterol and other food related illnesses such as obesity yet we stuff ourselves with extra food, yet we don't change our ways. Ramadan is about changing our way, our attitude towards food.

We must begin to take control of what we drink. Most of us love our tea, coffee; fizzy drinks, sugary juices and all sorts of concoction just to make ourselves feel good. The impact of sugar in our drinks is dire, it causes irreversible damage to our teeth and other internal organs. Yet we keep on adding more sugar to our diet.

I saw a mother making milk for her child using fizzy sprite fresh from the sprite bottle. She just added few scoops of powder milk and placed the bottle in the mouth of this little child. I felt angry with the parents, I felt sorry for the child and I wanted to do something. It is criminal to expose our children to this level of harm.

Drink fresh water for Allah says: "We have made every living things from water". Your constitution is water and the best way to quench your thirst and meet the needs of your body is fresh water. Ramadan is about reconnecting with that which is natural and beneficial. Giving up those bad habits is one of your Ramadan targets.

We need to empty our lives of clutter and cobwebs. Our lives are complicated and yet the Prophet preferred a life of simplicity and gratitude. Take a look around your house and notice the heaps of unused items that are only gathering dust, mountains of sentimental goods that you have not seen for years and suitcases and boxes packed with items from yesteryears; but you do nothing about it. You prefer to walk over the items,

you prefer to stack them in storage boxes in every conceivable storage space, in fact when you run out of space you rent more storage space elsewhere. Ramadan is time to declutter. Any clothes items that you have not seen, touched or worn for a year, it is most like that you will never wear it ever again. Why have it in your house? Why hoard it? Give it away in charity.

It does not have to be only your material goods that you have been storing away. You could be carrying in the depth of your heart years of pain, resentment, anger and hurt feelings. You could be angry with someone in your life from years ago yet you are still carrying the burden of this pain. Is it worth the weight? Ramadan is a month of reaching out to those people who have hurt you and actively forgiving them. Letting them know that you have forgiven them. It is time to inform them that you are finally emptying your heart from the years of pain. Let them know that you are going to pray to God for their forgiveness too. Let this Ramadan be your month of emotional decluttering.

A few days ago a person came to me. He asked me to forgive him for his rude behaviour towards me twenty years ago. I had forgotten about it completely. I did not even recall it when he reminded me. I told him that I will forgive him and may Allah forgive him, too. If you have hurt people, you should contact those people and seek their forgiveness. Ramadan is about seeking forgiveness from your fellow human beings who you hurt or caused pain.

If you are a hoarder of physical and emotional clutter then you are behaving like the person Allah is describing in the above verse – You cannot feel even though you have a heart, you cannot see even though you have eyes and you cannot hear even though you have ears. Ramadan brings to the fore a real wakeup call for humans to regain and retain their human status.

You see bad habits in your life such as smoking, laziness, untidiness, uncleanliness, procrastination, using foul language, being involved in gossip, slander and backbite but you do nothing about it. You listen to rubbish but you do not stop it. Fasting in Ramadan is about changing your habits for good. You must give up smoking once and for all. It is killing you slowly and killing your family and

friends around you. You do everything possible to stop being lazy as it is affecting others around you.

Your bad language is damaging relationship and hurting people yet you do not seem to care. Your slander, gossip and backbite is destroying people's lives and causing havoc in the families yet you are so self-absorbed that you do not give a damn. Fasting in the month of Ramadan is about changing all of that. You need to take control of your habits before it takes control of you. You need to become a true human.

You see social injustices, inequality and poverty in your neighbourhood but you do not do anything about it. You eat full stomach every day while your neighbour sleeps hungry. You see people's lives are being taken by wars, bombs, guns, knives and terrorist activities but you do not do anything to change that. You see people dying of hunger in Africa and Asian while you eat twenty varieties of iftar every day in this blessed month. There are people around the world who start their fast with nothing and end their fast with nothing. Your fast must accompany acts of charity to demonstrate that you actually care about those who are suffering.

You may be rich but does not give you the license to spend on frivolous things. You buy new gadgets every few months while people around the world die of hunger. You spend more money on your robes than what the poor in the world spend on food in months. Fasting is about realizing the pain of the poor, hungry and needy. It is about connecting with them at that level. It is about immersing yourself in the lives of humanity through compassion and charity.

Ramadan is a time to feel, see and hear the truth. It is about gaining the tools to be able to become a true human being. It is about refining your conscience and harnessing the inner goodness. It is about being the representative of God on this earth.

May Allah enable us to fast and become conscious, active and valuable member of society. May we be all blessed with a Ramadan that transforms us and our society.

**Ramadan Mubarak!**



# Fasting – a detox for our body

**Dr Altaf Khattak** ■ Consultant Surgeon

In the last five years, the 5:2 diet has become immensely popular but what you many not know is that it is inspired by the Islamic practice of fasting.

Also known as the fasting diet, it proposes a way to incorporate fasting in our lives all year round. The premise is that you eat normally for five days of the week and for two days you limit your food intake to just 600-500 calories a day.

This follows the Sunnah (Prophetic way of life) where Muslims are encouraged to fast every Monday and Thursday, so it becomes a regular habit.

In the book *The Fast Diet*, written by Dr Michael Mosley, it also says that: "*There is*

*nothing else you can do to your body that is as powerful as fasting.*"

Through fasting, the body's main energy source – glycogen – is turned off. This can help aid weight loss, which leads to lower cholesterol and reduced blood pressure.

Research has also found that fasting for just three days could have a positive impact on the immune system. They discovered that fasting led to an influx of new white blood cells, which strengthens the immune system.

The brain-boosting powers of Ramadan are even more significant. A study carried out by scientists in the USA found that the mental focus achieved during Ramadan increases the level of brain-derived neurotrophic factor,

which causes the body to produce more brain cells, thus improving brain function.

As well as being great for spiritual cleansing, Ramadan acts as a fantastic detox for our body. By not eating or drinking throughout the day our body will be offered the rare chance to detoxify our digestive system throughout the month.

These are only few of the physical benefits of Ramadan known to us. The true spiritual benefits of Ramadan are only known to Allah who says in a Hadith e Qudsi: "Fasting belongs to Me and only I will reward My slaves for abandoning their desires and food for Me."

## The AQS Team presenting the vision for England's First Mosque to Sheikh Abdal Hakim Murad



**The growing UK convert community is proud to witness the resurrection of Shaikh al-Islam Abdullah Quilliam's mosque and cultural complex in Liverpool. The close involvement of converts in the administration and direction of this scheme bodes well for the future growth of Islam in the United Kingdom, a century after the end of Quilliam's major involvement in Liverpool.**

**Sheikh Abdal Hakim Murad**  
**Dean - Cambridge Muslim College**







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restoring England's First Mosque

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*Please help us to Restore England's First Masjid founded  
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*In this blessed  
month of Ramadan  
your donations will  
reap seventy times  
more reward than in  
any other month.*

*In this month the aim of the AQS is raise enough funds to  
complete Phase 3 and 4.*

*"Whoever builds a mosque for Allah, Allah will build for him  
likewise in Paradise" {Sahih Al-Bukhari}*

Ramadan is a month of giving, and it was in this  
month that the Prophet Muhammad (PBUH) would  
increase his acts of charity.

*Indeed, the Prophet  
(PBUH) said: "The best  
charity is that given in  
Ramadan." {Tirmidhi}*



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And be grateful for the Favour of Allah, if it is He Whom you worship."

Chapter 16, verse 114

(سورة النحل) فَكُلُوا مِمَّا رَزَقَكُمُ اللَّهُ حَلَالًا طَيِّبًا وَاشْكُرُوا نِعْمَتَ اللَّهِ إِنَّ كُنْتُمْ إِيَّاهُ تَعْبُدُونَ ﴿١١٤﴾

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