“The best charity is that given in Ramadan” [Al-Tirmidhi]

“Whoever builds a mosque for Allah, Allah will build for him likewise in Paradise” [Sahih Al-Bukhari]
Ramadan Mubarak and welcome to England’s First Mosque.

“This year we are fortunate to have with us the world renowned Qari from Kuwait, Sheikh Essa Al-Hussaini, who’s beautiful recitation I am sure you will enjoy listening to. He has been especially selected by Kuwaiti TV for leading tarawih alongside Shuyukh such as Imam Abu Bakr Al-Shatri. We are hoping to complete the Khatam of the Qur’an during Ramadan, inshaAllah. You can attend his Qur’an sessions after Asr prayers every day for the whole month.

It is an immense pleasure to be able to welcome you all to our 3rd Ramadan to this historic mosque which re-opened after 106 years of closure, in June 2014.

We have a great line of programmes for you to attend and develop spiritually. Please take time to attend these as much as possible. There are adequate facilities for all the family even though the refurbishment works are ongoing.

We are honoured to present to you our very first Ramadan Guide. Please take time to read through it as I am sure that you will find it very beneficial, inshaAllah. Furthermore, you will learn more about this historic mosque and Sheikh Abdullah Quilliam himself. Full details with documentaries and restoration work along with future plans are on our website. We invite you to become a part of this exciting history. Please come together to help restore England’s First Mosque and earn your reward in the hereafter.

May Allah (SWT) accept all of our prayers; fasts and good deeds, Ameen. Please remember the Ummah in your duas and give generously in this holy month.”

[1st Ramadan 1437, June 2016]

Galib Khan
Chair of Abdullah Quilliam Society

The Pearls of Fasting
Ramadan - The Month of Generosity
Duas in Ramadan
Daily activities sheet during Ramadan
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About the Abdullah Quilliam Society
Refurbishment work by the AQS
Open Day at the Historic Masjid
Student Accommodation at the Historic Masjid
Ramadan Timetable
Ramadan Programmes in England’s First Mosque
The future development of the Masjid
How you can help to restore England’s First Mosque
The First 10 days of Ramadan : The Days of Mercy
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Zakat
Zakat Calculator
Our Sponsors
A Muslim Anthem: - Poem by Abdullah Quilliam
Live Appeals during Ramadan and contact details
As one of the five pillars of Islam, fasting is prescribed by Allah (SWT) during this month as an act of worship for Him (SWT). Fasting has a holistic influence on our physical and mental state that offers us health and spiritual benefits.

"Oh you who believe! Fasting is prescribed to you as it was prescribed to those before you, that you may learn piety and righteousness." (Qur’an 2:183)

The Pearls of Fasting

1. It helps us to connect closer to Allah (SWT). By abstaining from physical desires, food and water we develop a state of taqwa – consciousness of Allah (SWT). This provides the faithful an opportunity to form a strong link to Him (SWT) and to reflect and re-assess our spiritual growth.

2. It is meant as a way to cleanse your body from harmful impurities and revitalise your soul by teaching self-control and self-discipline.

3. Fasting encourages us to think about those less fortunate than us. When we feel the pangs of hunger we remember the poor who are unable to afford a meal. This helps us to sympathise, thus encouraging acts of generosity and compulsory charity (Zakat).

"The best charity is that given in Ramadan" [Al-Tirmidhi]

4. A person who fasts will have his past sins forgiven. Allah (SWT) says, “Every (sinful) deed can be expiated; and the fast is for Me, so I will give the reward for it; and the smell which comes out of the mouth of a fasting person, is better in Allah’s Sight than the smell of musk.” (Bukhari)

5. The Prophet (PBUH): said: “There are three people whose supplications are not rejected: the fasting person when he breaks the fast, the just ruler and the supplication of the oppressed.” (Tirmidhi)

―As pure as the dew drop, So tender, so dear, Is the sympathy shown By the good natured tear."

Poem by Shaykh Abdullah Quilliam entitled: “KINDLINESS”
(Woodland Towers, Onchan, Isle of Man, 6, Ramadan, 1324 - 22nd. October, 1906)
Ramadan - The Month of Generosity

Ramadan is a month of giving, and it was in this month that the Prophet Muhammad (PBUH) would increase his acts of charity.

Indeed, the Prophet (PBUH) said: “The best charity is that given in Ramadan.” [Tirmidhi]

Virtues of Giving

1. A man asked the Messenger of Allah (PBUH): “Which act in Islam is the best?” He (PBUH) replied: “To feed (the poor and the needy) and to greet those whom you know and those you do not know.” [Bukhari and Muslim]

2. Giving charity removes sins, as Allah’s Messenger (PBUH) said: “Charity extinguishes sin as water extinguishes fire.” [Tirmidhi]

3. The one who gives does not lose anything, but is recompensed with a great reward from Allah (SWT). [see: Qur’an 57:7]

4. The Prophet (PBUH) said: “He who feeds a fasting person will gain the same reward as he will, without decreasing from the fasting person's rewards.”

A recurrent charity, or Sadaqah Jariyah, brings reward to the giver so long as their charity continues to help and benefit others. The few examples of Sadaqah Jariyah are:
- Building a well
- Educating a child
- Building a Mosque
- Planting a tree

“Whoever builds a mosque for Allah, Allah will build for him likewise in Paradise” [Sahih Al-Bukhari]

“What is our Life?
A breath, a moan, a sigh,
A laugh, a smile, a cry,
A storm, a sob, a calm,
Tumult, some joy, some harm.
An earthly moment brief,
That longs for some relief
And freedom from stern strife,
Such, ever such, our life.”

Poem by Shaykh Abdullah Quilliam entitled: “What is LIFE?” (21st July, 1907)
In this blessed month remember to pray for your needs, those of your family and friends, the Ummah and for all humanity.

**Intention for beginning the fast**  
*Recommended to read the night before the fast*

وَ بِصَوْمِ عَدِيْدٍ لُزُبْتُ مِنْ شَهْرِ رَمَضَانَ

"Wa bisawmi ghadin nawaytu min shahi ramadaan."

*I intend to keep the fast tomorrow in the month of Ramadan."

**Dua for breaking the fast**

أَلْحَمْنَ لَكَ صَمْتُ وَ بِكَ آمِنُ ٍ وَ عَلَيْكَ تَوَكَّلْتُ وَ عَلَى رَزْقٍ أَفْتَرَتْ

"Allahumma laka sumtu wa bika aamantu wa ‘alayka tawakkaltu wa ‘alaa rizqika aftartu."

*O Allah! I fasted for You and I believe in You and I put my trust in You and I break my fast with Your sustenance."

**Recommended dua for Ramadan**

أَلْحَمْنَ إِنَّكَ عَفُوٌّ كَرِيمٌ تُحِبَّ الَّذِينَ فَاعِفُ عَبْيَ

"Allahumma innaka ‘afuwun kareemun tuhibbul ‘afwa fa’yu ‘annee."

*O Allah, You are the best forgiver. You love forgiveness, so forgive me.*
### Daily activities during Ramadan

Use the daily checklist below to help motivate you throughout Ramadan.

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#### Worship
- Prayed my five daily Salaat
- Prayed Qiyam-ul-layl (Tahajjud)
- Made morning Dhikr (Remembrance of Allah) after Salaat ul-Fajr
- Prayed Taraweeh
- Prayed Nafl (optional) Salaat
- Read and memorised at least 2 duas in this booklet

#### Qur’an
- Reading translation (Tilawat) & commentary (Tafseer)
- Reflection
- Memorisation

#### Charity
- Paid Zakat (if applicable)
- Paid Zakat ul-Fitr (for the month)
- Paid Sadaqah

#### Sunnah
- Practise at least one Sunnah of the Prophet (pbuh)

#### My Actions
- Did some exercise & tried best to take care of my body
- Did something special for my parents
- Made one person smile
- Removed harm from the path of at least one person
- Reflected upon myself and my actions
- Increased knowledge through reading or listening to a talk
- Read Surah Mulk before going to sleep
William Henry Quilliam, a local Liverpool solicitor and resident embraced Islam in 1887 (aged 31), after returning from a visit to Morocco, and took on the name Abdullah. He claimed that he was the first native Englishman to embrace Islam. His conversion led to a remarkable story of the growth of Islam in Victorian Britain. This history is now beginning to emerge and has important lessons for Muslims in Britain and around the world.

After embracing Islam, Quilliam began a campaign of Dawah, which in the circumstances of Victorian England, has to be described as the most effective in the UK to date.

He became an Alim, an Imam and the most passionate advocate of Islam in the Western world. In 1894 Sultan Abdul Hamid II, the last Ottoman Caliph, appointed him Sheikh-ul-Islam of the British Isles. The Emir of Afghanistan recognised him as the Sheikh of Muslims in Britain. He was also appointed as the Persian Vice Counsel to Liverpool by the Shah. He became a prominent spokesman for Islam in the media and was recognised by Muslims around the world. He is the only Muslim in Britain to have officially held the position of Sheikh Ul Islam of Britain. He issued many Fatwas in his capacity as appointed Leader of Muslims in Britain. These fatwas are relevant even today.

He established the Mosque and Liverpool Muslim Institute at No. 8 Brougham Terrace and later purchased the remainder of the terrace, and opened a boarding school for boys and a day school for girls. He also opened an orphanage (Medina House) for non-Muslim children whose parents could not look after them, and agreed to for them to be raised in the values of Islam.
In 1893 the Institute published a weekly magazine, named ‘The Crescent’, and later added the monthly ‘Islamic World’, which was printed on the Institute’s own press and distributed to over 20 countries. The Crescent was published every week from 1893-1908 (nearly 800 editions), and was effectively a dairy and record of Islam in Britain and around the world. There are hundreds of archive copies of these magazines in the British Library. Without this unique weekly record we would not know of the existence of this native Muslim community of around 200 people in Liverpool, and many other parts of Britain. These offer the first attempt at Muslim journalism in the UK and offer a unique insight into a British Muslims view of events and issues in Liverpool, the UK and the Muslim world, at a crucial period of Muslims living under colonial rule.

He also wrote and published a number of books. In particular his “Faith of Islam” had three editions translated into thirteen different languages, and was so popular that Queen Victoria ordered a copy and then re-ordered copies for her children. The Institute grew, and at the turn of the century held a membership of 200 predominantly English Muslim men, women and children from across the local community. Quilliam’s dawah led to around 600 people in the UK embracing Islam, many of them very educated and prominent individuals in British Society, as well as ordinary men and women. His efforts also led to the first Japanese man embracing Islam.

Quilliam eventually had to leave England after facing hostility and persecution, the first Muslim experience of “Islamophobia” in the UK. He eventually returned to the UK and adopted the name Haroun Mustapha Leon, and passed away in 1932 near Woking, and was buried in Brookfield Cemetery where Abdullah Yusuf Ali, Marmaduke Pickthall and Lord Headly are also buried.
The Abdullah Quilliam Society (AQS) is a UK registered charity founded in 1998 by a small group of Liverpool Muslims, including Dr. Muhammad Akbar Ali, Galib Khan, Zia Choudri, Mrs. Abassi, Somaya and Rashid Macteer. They became aware of a unique heritage of Islam in Victorian Britain, in the city of Liverpool. This history was located in the Liverpool City Council registry office for births, deaths and marriages. This building was once the site of the historic first UK Mosque, Muslim community Institutions and Dawah activities of Sheikh Abdullah Quilliam from 1889-1908. Staff at the registry office would often refer to the room where all the files of births, deaths and marriages were stored as “the little Mosque” without realising the significance or history behind it. So by an amazing coincidence of history, almost every Liverpool resident for a decade has visited this historic building and many have had their marriage ceremony performed in it.

The AQS first objective was to obtain possession of the building and restore it back to the original historic mosque. In the year 2000 Liverpool City Council vacated the property and handed it to the AQS and Muslim community to look after and develop. It was handed over in poor condition and in need of renovation. Once the AQS has funds to renovate the building, Liverpool Council will transfer ownership to the Society.

Over the years AQS has given numerous talks on this important history and hosted many visitors and media. The Society has now completely renovated the roof, which was decaying and leaking. The Mosque and remainder of the building still need renovation. The Society has kept this unique history alive through many talks, visits and media interviews. It has also encouraged people to further research this heritage. Last year, a new book was published, “Islam in Victorian Britain: The Life and Times of Abdullah Quilliam” by Professor Ron Geaves. This book gives a unique insight into the building, the life of Sheikh Quilliam and the first established Muslim Community in Britain.

The Society has exciting plans to renovate the building and re-create the first Institutions of Islam in Britain. It also has exciting plans to further research, exhibit and bring to life the stories of the 600 first native Britons to embrace Islam. Our plans to recreate this building and history are important to Muslims in Europe, America, Japan, and the Muslim world.

“Whoever builds a mosque for Allah, Allah will build for him likewise in Paradise” (Sahih Al-Bukhari)
The Abdullah Quilliam Mosque was re-opened in June 2014 with the help of Muslim brothers and sisters in UK. Regular congregational daily and Jumah prayers are held in the mosque and the Brougham Terraces is now fully functional as originally started by Abdullah Quilliam in 1889. The madrassah and dawah services are continuing on a limited scale due to shortage of teaching spaces available in the buildings. Muslim and non-Muslim visitors come on a regular basis to visit this historic site. They are currently being shown work in progress. The limited space refurbished is inadequate to serve the number of worshippers, students and visitors. Therefore expanding the usable area in this building is our priority now.

AQS first objective was to obtain possession of the building and restore it back to the original historic mosque. In the year 2000 Liverpool City Council vacated the property and handed it to the AQS and Muslim community to look after and develop. It was handed over in poor condition and in need of renovation. Once the AQS has funds to renovate the building, Liverpool Council will transfer ownership to the Society.

Phase 3 refurbishment and development works are in progress. The basement is being developed to provide separate ablution facilities for ladies and gents. Also included in the basement is a fitness centre, kitchen facilities for a cafe on the ground floor and connected by a dumb waiter. One room in the basement will also be reinstated as a Victorian cast iron kitchen as originally built.

On the ground floor there will be a visitors centre reception, a cafe and a dedicated womens suite and the mosque. The first floor will include, class rooms, a library, and a media/AV room. To make the centre financially sustainable, the second and attic floors are planned as residential accommodation for students and visitors.
Photos from the Open Day at the Historic Masjid

Documentary by the BBC: “Great British Islam” featuring the history of Abdullah Quilliam and England’s First Mosque can be seen on our website: www.abdullahquilliam.org/videos
QUILLIAM HALLS
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Classrooms promenade walkthrough image - The Abdullah Quilliam Mosque, 2nd Floor at 8-10 Brougham Terrace, Liverpool.

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Abingdon Family Health Care Centre

361 - 365 Queens Drive, Walton, Liverpool, L4 8SJ
Telephone: 0151 226 1501

Dr Abdul Hamid MBChB MRCGP MRPharmS (Liverpool)
Dr Fatma El-Sayed MBBS MRCGP DRCOG (Egypt)
### Ramadan Timetable 2016 (1437)

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<td>29</td>
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<td>30</td>
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<td>4</td>
<td>2:11</td>
<td>2:26</td>
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<td>31</td>
<td>Tue</td>
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<td>2:09</td>
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<td>1:30</td>
<td>6:00</td>
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</tbody>
</table>

**Note:** The beginning and end of Ramadan is subject to the sighting of the new moon.

**Eid Prayers:** 1st Jamaat: 7am | 2nd Jamaat: 8am | 3rd Jamaat: 9am

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### Tarawih & Qiyam-ul-layl programme

From Isha to Fajr (Suhur provided)

Come and listen to the beautiful Tarawih led by Sheikh Essa Al Hussaini (Kuwait)

### Daily Quran Classes/Recitation:

2. After Asr daily: Quran recitation (Khatam) by Sheikh Essa Al Hussaini

### Tafseer of the Qur’an:

An intensive course providing an overview of the background of all 114 Surahs of the Qur’an. Every Tuesday at 7pm: By Sheikh Haroon Hanif

### Journey Through the Quran

A detailed analysis of key passages and practical lessons for us today. By Sheikh Haroon Hanif: Date TBA

### SPECIAL LECTURE

**Ramadan: The complete training programme:** By Professor Sheikh Awadallah Youssef (Egypt). The professor has Islamic scholarship with an unbroken line of transmission back to our Beloved Prophet Muhammad (SAW).

Saturday 11th June, 6pm

### Tahajjud & I’tikaf Programmes:

Within the last 10 days. As above. Additional programmes TBA

### Liverpool Muslim Community Iftar: @ England’s First Mosque (for all the family)

Saturday 18th June

### BIG IFTAR (National Event) @ England’s First Mosque/Help feed The Homeless

Bring your Non-Muslim friends/neighbours to Iftar. Saturday 23rd June

IFTAR & SUHOOR PROVIDED EVERY DAY TO OVER 300 PEOPLE. INCREASE YOUR REWARD BY FEEDING THE FASTING. SPONSOR FROM: £150 IFTAR, £250 SUHOOR

### International Eid Festival @ England’s First Mosque

Saturday 16th July 2016, 12pm-6pm. Bring your friends & family

### Eid Gift distribution for neighbours: Spread some love and peace!

Saturday 16th July 2016. Join us to help distribute Eid gifts to all the neighbours surrounding England’s First Mosque. (this event will be covered by local/national media)
The future development of the masjid

In 2006 and 2007, a number of vandal attacks, roof lead flashing and internal copper pipe theft occurred. This lead to ingress of water and development of Timber Wet & Dry Rot and massive internal damage to the buildings. The whole building had to be made water tight requiring re-roofed with Welsh Slates and lead flashings and guttering as required for a Listed Building.

PHASE ONE

PHASE TWO

This stage of works involved re-opening the Mosque after 106 years of closer. Phase Two was restricted to the Ground Floor of 8 Brougham Terrace only.

We completed Phase One in December 2008

Phase 2 started June 2013 and completed in July 2014
Immediately after opening the historic Mosque, demand from national and even international groups of Muslims required more facilities and services. Ground floor of 9 and 10 Brougham Terraces was urgently needed to cater for the large number of congregation who attended during the Ramadan and on Fridays. Temporary arrangements were made to accommodate the demand. Following on, a group of committed Muslims was formed to forward plan the development. Invitation to join the Project Development Group was publicised during Jummah Prayer. A group of 10 persons joined this group. Several plan options were developed and discussed over a period two months. They were also displayed for the whole congregation to comment on and an amended Phased Development Plan was adopted. This adopted plan was also discussed with the Planners, Conservation Officer and Building Control Inspector for their comments. This process will continue up to the receipt of formal approval and construction to proceed.

Phase 3 refurbishment and development works are in progress. The basement is being developed to provide separate ablution facilities for ladies and gents. Also included in the basement is a fitness centre, kitchen facilities for a cafe on the ground floor and connected by a dumb waiter. One room in the basement will also be reinstated as a Victorian cast iron kitchen as originally built.

On the ground floor there will be a visitors centre reception, a cafe and a dedicated womens suite and the mosque. The first floor will include, class rooms, a library, and a media/AV room. To make the centre financially sustainable, the second and attic floors are planned as residential accommodation for students and visitors.

Proposed plans of the development are available in our website link: www.abdullahquilliam.org/new-proposed-plans
Please help us to Restore England’s First Masjid founded by Shaykh Abdullah Quilliam.

In this blessed month of Ramadan your donations will reap seventy times more reward than in any other month.

In this month the aim of the AQS is raise enough funds to complete Phase 3 and 4.

You can view a simulated walkthrough of the proposed masjid on our website: www.abdullahquilliam.org/walkthrough-proposed-plans

The Abdullah Mosque & Heritage Centre
UK Charity Reg No: 1086228
www.abdullahquilliam.org

Donate and save our Heritage
The AQS wants to restore the historic Mosque and its original features. We wish to recreate a library, museum, lecture hall, residences, school and dawah centre. We will create a visitor centre where Muslims and non-Muslims can come to see this historic site and learn about Islam and Muslim history in the UK and Europe.

DIRECT
Account Name: Abdullah Quilliam Society
Bank: HSBC Bank Plc, 99-101 Lord Street, Liverpool L2 6PG.
Account No: 01158945  Sort Code: 40-29-28

CREDIT/DEBIT CARD
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www.abdullahquilliam.org/donate

CHEQUE
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Address: Abdullah Quilliam Society, 8-10 Brougham Terrace, Liverpool, L6 1AE

STANDING ORDER
A Standing Order enables you to make regular donations to The Abdullah Quilliam Society. A standing order form can be obtained from our website:
www.abdullahquilliam.org/donate

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Tel: 0151 260 3986  |  Mobile: (Br.Mumin) 07949921692 / (Br.Galib) 07900413038  |  Email: info@abdullahquilliam.org
www.abdullahquilliam.org
The Prophet Muhammad (Peace be upon him) has made it easier for us to gain the full blessings of Ramadan by dividing the month into three parts of ten days each, with each part having its own special significance.

The first third of this month are the days of mercy from Allah, the second third are the days of forgiveness of Allah, and the last third is salvation from the Hellfire.

Here are some selected duas to take you through all three stages to help you make the most of the blessings of Ramadan.

Allahummaghfir lee warhamnee wajburnee wahdinee warzuqnee.

“O Allah! Forgive me, have mercy on me, help me, guide me and sustain me.”
[at-Tirmidhi al Tabarani]

Laa ilaaha illaa anta subhaanak. Allahumma astaghfiruka lee dhambee wa as-aluka rahmatak.
Allahumma zidnee ‘ilmaw-walaa tuzigh qalbee b’ada idh hadaytanee wahab lee milladunka rahmatan innaka antal-waahaab.

“There is no God except you. You are glorified. O Allah! I seek Your forgiveness for my sins, I ask You for Your mercy. O Allah! increase me in knowledge and do not misguide my heart after having guided me. And grant me mercy from Your treasure. Verily you are the giver .”
[Al-Hakim, Ibn Hibban and Abu Dawud]
The Second 10 days - The Days of Forgiveness

Allahumma innee as-aluka bini’matika-assaabighati allatee an’amta bihaa ’alaiyya wa balaa-iladhee ibtalaitanee wa bifadilikal-ladhee afdalat’alayya an tudkhilaniyal-jannah. Allahumma adkhilnee aljannata bifadlika wa mannika wa rahmatika.

"O Allah! I ask You by medium of Your abundant blessings that You have blessed me with and by medium of Your trials that You have tested me with and by medium of Your trials that You have favoured me with that You enter me in Paradise. O Allah! enter me into paradise with Your favour, boon and mercy."

(Al-Tabarani)

The Last 10 days - Salvation from the Hellfire

Allahumma innee as-aluka-aljannata wa na’eemahaa wa bahjatahahaa wa a’oodhu bika minan-naari wa maa qarraba ilayhahaa min qawlin aw ’amal. Wa as-aluka an taj’ala kulla qadaa-in qadaitahoo lee khayraa.

"O Allah! I ask You for paradise and whatever words and actions may take me near it. I seek your protection from the fire and whatever words or actions that may take me near it. I beseech You to make Your decisions for me good."

(Ahmad Ibn Majah - similar wording in Al-Hakim and Al-Adob Al-Mufrad of Al-Bukhari)
**Zakat Calculator**

**Step 1: Work out what you own**

- **Cash in hand** £
- **Cash in bank account(s)** £
- **Value of gold (current market value)** £
- **Value of silver (current market value)** £
- **Amount given out in loans (where the debtor is able and willing to pay back the loan)** £
- **Current value of shares** £
- **Value of goods in stock for sale** £

**Total Assets** £

**Total Liabilities** £

**Step 2: Work out your outgoings from what you own**

- **Amount owed in debt (short term loans or those payable within a year)** £
- **Expenses (tax, rent and other bills due immediately)** £

**Total Liabilities** £

**Step 3: Minus Total Liabilities from Total Assets and if the amount is more than the Nisaab then multiply by 0.025**

<table>
<thead>
<tr>
<th>Total Assets</th>
<th>Total Liabilities</th>
<th>Total Zakat</th>
</tr>
</thead>
<tbody>
<tr>
<td>£</td>
<td>£</td>
<td>£</td>
</tr>
</tbody>
</table>

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**Zakat ul Fitr**

Zakat ul Fitr must be paid before the Eid prayer by each adult Muslim for themselves and each of their dependants. The amount this year is £5 per head and can be paid at the masjid where it will distributed to the poor and the needy.

**Zakat**

**What is Zakat?**

One of the five pillars of Islam, Zakat literally means ‘to cleanse’ or ‘purify’. Paying Zakat on your wealth purifies it and increases what remains. It also reminds us that our wealth belongs to Allah.

**Why pay it during Ramadan?**

Good deeds are multiplied 70 times this month, making it the perfect time to pay your Zakat.

**How much should I pay?**

Generally, if the amount of wealth you have owned for one year exceeds the Nisaab* then Zakat must be paid on that amount.

For your silver possessions please refer to the silver Nisaab.

For gold and monetary possessions, please refer to the gold Nisaab.

---

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Mersey Care, PSS and Mary Seacole House have come together to deliver the community development service, a project that is working for better mental health for everyone living in Liverpool.

Who we are...

Mersey Care, PSS and Mary Seacole House have come together to deliver the community development service, a project that is working for better mental health for everyone living in Liverpool.

What we do...

- We work with both communities and the mental health services that are currently provided in the city. We make sure these services truly understand the groups of people they work with across Liverpool, so that you feel confident to use mental health services if and when you need to.
- One of our focuses is on working with people from around the world who now live in Liverpool, looking into ways for mental health services to overcome language and cultural barriers which form a big part of what we do.

What we can help with...

- Finding the right mental health service for you, making sure it’s as easy as possible for you to get involved.
- Supporting you to get hold of the right information in a format and language that works for you.
- Give feedback on the support you’ve received online, offline and over the phone.

Working with you and your community...

- We want to identify better ways for mental health services to help you and your community improve your overall mental wellbeing.
- We are keen to help your community/group support each other, would also want to encourage you to express your experiences of mental health and services to better inform service provision.
- We’ll also be able to voice your concerns and raise any issues you’re having with Social Care, Community Support and NHS services, so we can make sure your voice is heard and the services are improved.
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‘We cut the best lean meat in Liverpool’
Merseyside Fire & Rescue Service is urging people in the local Muslim communities to take care and stay safe from fires in the kitchen during Ramadan.

Ramadan takes place for 30 days from Monday, June 6th to Tuesday, July 5th and those participating in the religious observance of Ramadan will fast between sunrise and sunset throughout that period.

Group Manager Gary Oakford said: "We hope people in our Muslim communities have a very safe Ramadan."

“We would urge people to take extra care when preparing food and be extra vigilant in the kitchen to prevent fires.”

“People are advised to ensure they switch cooking appliances off after use and to never leave food cooking unattended. “

“Tea towels should be kept away from the hob and people are advised to take extra care when wearing loose clothing.”

“People are also urged to ensure they have working smoke alarms fitted on each floor of their home, which should be tested each week. A working smoke alarm can give the vital seconds to escape a property in the event of a fire.”

Here are some safety tips to help stay safe from fires during Ramadan:

• Ensure cookers and appliances are switched off after use.
• Never leave food cooking unattended.
• Keep combustible materials such as tea towels and cloths away from the hob.
• Take extra care if wearing loose clothing and if possible tie back loose clothing while cooking.
• Ensure pans are never more than a third full with oil.
• Never throw water on a burning pan.
• People should never attempt to tackle a pan fire.
• In the event of a fire they should, get out stay out and call 999.
• Always have an escape route planned in case of a fire.

For free fire safety advice or to request a Home Fire Safety Check, call 0800 731 5958
A list of Abdullah Quilliam's most famous poems are below:

Islamic Resignation – 10th Shaaban, 1323
Kindliness – 6th Ramadhan 1324 (22nd October 1906)
The Onward Path – Liverpool, 12th Ramadhan 1324 (28th October 1906)
The Riddle of Life – (October 16th 1904)
The Gateway of the Grave – Isle of Man (31st August 1901)
Nil Desperandum!
Scale Force
What is Life? – 23rd October 1904
After Many Years – 23rd October 1904
An isha Prayer – May 1893
A Moslem Morning Hymn – May 1893
The Moslems Refuge – July 1894
The Triumph of Truth – January 1895
Maxims for Muslims – March 1895
The Muslims Evening Prayer – October 1897

God bless the Muslim cause:
Bless all who keep Thy laws
And do the right.
Uphold the Muslim band,
In this and every land;
Give them full strength to stand
Firm in the fight.

Strengthen and help the weak,
And teach us all to speak,
Thy truth abound.
May love and liberty,
Truth and sweet purity,
With plenteous charity,
In us be found.

Hear Thou the orphan's cry,
Assuage the widow's sigh,
The foolish chide.
Let vice no more abound,
But happiness be found
In every home and round
The world so wide.

(1st Muharram 1319, 21st April 1901)
Live Fundraising Appeal on TV ONE - SKY 849
The Abdullah Quilliam Society will be raising funds for the restoration of England’s First Mosque on TV One (SKY 849) on:
15th June 2016, starting at 2pm till Fajr
Studio Number: 0203 6376 849
Donation Number: 0203 6376 881

Live Fundraising Appeal on NTV - SKY 838
The Abdullah Quilliam Society will be raising funds for the restoration of England’s First Mosque on TV One (SKY 838) on:
3rd July 2016, starting at 5pm till Fajr
Studio Number: 020 3397 3096
Donation Number: 020 7993 5963

Please help to preserve our Islamic Heritage. Details on how to donate are on Page 16.